

## Exercise:



Start your morning with something active...

Have you checked this out yet?

If you would like to try something different this week:

The PE teacher from Hayle Academy Secondary School has started his own morning workout lessons (a bit like Joe Wicks).

The videos are fun but effective (and he dresses as different characters such as Mario and different superheroes).

[https://www.youtube.com/channel/UCWCoUPfttJNC3ch2O2\\_xVKw?fbclid=IwAR11QA-los\\_gdHOFZpUAL3P3c9X80fAgbbVYgHWK7NSCXGpiBLYWphxrJok](https://www.youtube.com/channel/UCWCoUPfttJNC3ch2O2_xVKw?fbclid=IwAR11QA-los_gdHOFZpUAL3P3c9X80fAgbbVYgHWK7NSCXGpiBLYWphxrJok)

Otherwise - keep going with what exercise/routine works for you!

## Reading:



**This week's reading is based around our theme of Natural Disasters.**

**Monday:** Earthquakes!

**Tuesday:** Tsunami!

**Wednesday:** Volcanoes!

**Thursday:** Living on the ice

**Friday:** Research day, what are your ideas to help slow global warming? (There is a planning sheet for you.)

[For the Living on the ice activity there are three levels of questions labelled bronze, silver and gold. There is also a vocabulary sheet for you.](#)

## English:



Don't forget to log on to Spelling Shed (and Nessy) to practise your spellings!

Your tasks this week:

Refer to this week's English plan for details but to summarise:

**Monday:** Describing a setting

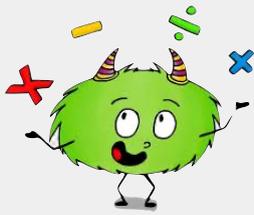
**Tuesday:** Innovating a paragraph describing the sea.

**Wednesday:** Creating a poem using metaphors

**Thursday:** Writing a survival story

**Friday:** Thinking about how you survived Lockdown!

# Maths:



Keep Using Reflex maths to help master your times tables!

Your tasks this week: From White Rose Maths

	Year 3	Year 4
<b>Monday</b>	Draw Accurately	Interpret charts
<b>Tuesday</b>	Recognise and describe 2d shapes	Comparison, sum and difference
<b>Wednesday</b>	Recognise and describe 3d shapes	Introduction to line graphs
<b>Thursday</b>	Time to nearest 5 minutes.	Line graphs
<b>Friday</b>	Times tables day!	Times tables day!

This week our theme is NATURAL DISASTERS (we know we have already covered this topic but we all enjoyed it and thought it would be an interesting topic for the last full week of home learning).

There is a PDF file with some presentation slides to take you through the tasks for these subjects. Spread these activities out through the week and don't feel you need to finish them all at the same time. They are there for you to choose from. If you would like to do the activities on FRIDAY you will need to look at what you will need for the activity, as it involves some materials for the craft part.

Your Tasks this week:

#### Natural Disasters: (MONDAY/TUESDAY)

- Find out about The Ring Of Fire. Make a fact sheet about it including diagrams, facts and maps.
- Make a volcanoes glossary. List 10 key volcano words and write definitions.
- Create a detailed and labelled diagram about how a Tsunami is formed.
- Plan and make a quiz for your friends/family to take part in.



#### French: (WEDNESDAY)

- Although our theme is Natural Disasters, we would like you to continue with what we need to be covering in the curriculum now. So this week we would like you to look at what we find in our classroom in French.



### Art: (THURSDAY/FRIDAY)

- Make a collage board of volcano images. You could use pictures from the internet, magazines or ones you have drawn.
- Find a painting that includes a volcano and create your own version of it.
- Create your own painting/drawing of the great wave off kanagawa hokusai.
- Re-create Van Gogh's Wheatfield picture as a representation of drought.

### Exercise:



Don't forget to end your day with some relaxing exercise. There are lots of ideas on the internet or perhaps you could end your day with a walk with your family?

Or finish the day with some relaxing Yoga:

[https://www.youtube.com/results?search\\_query=cosmic+yoga](https://www.youtube.com/results?search_query=cosmic+yoga)



**We don't expect for you to complete everything on the weekly activities sheet, as a guide please aim for:**

20 mins reading activity each day

45 mins writing activity each day

45 mins maths activity each day

Time spent on Spelling Shed and Reflex (until you get a green light) at least three times per week; and as much or as little of the other subjects as you can manage. Some days this might be more than others but don't worry!

Just remember to send us a message and a photo of your learning on Showbie!