



21/11/25

FRIDAY NEWS

Nº 10

Dear Parents/Carers

This week we had a visit from the headteachers from Ludgvan, Gulval and Threemilestone. They were so complimentary of our lovely children. They held doors open, spoke to them, asked them questions and proudly showed off their work. Headteachers are a quietly competitive bunch and I was full of pride of our lovely school. I have also been very proud during my playtime walk-arounds - children are happy, engaged and loving their time!

Someone secretly pressed the green light for Alverton Christmas! Parts have been cast and songs are being sung in preparation. We are very much looking forward to seeing you all for our first event on Monday 1st December. This is our Advent service and will involve turning on the Christmas tree lights.

This week has certainly been a varied one weather wise! We always aim to get the children out as much as possible but always weigh it up with the weather report to make sure they are able to enjoy their time. We are still getting a lot of children saying they do not have coats in school. I understand that as children get older, they are more able to decide whether they will be too hot in a coat or not. I always say to staff that older children can / should decide whether they need a coat in the cold but when it is wet, we are insistent that they do wear one. Please ensure they bring one into school every day. This is the same for Forest school - they should have long sleeves, long trousers and a coat each week.

Have a great weekend,

Nichola Smith
Headteacher

Remember – safeguarding is everyone’s responsibility

If you have a safeguarding concern, please contact Nichola Smith (Designated Safeguarding Lead) at nsmith@alverton.tpacademytrust.org or, if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;
E-mail: multiagencyreferralunit@cornwall.gov.uk

Clubs

All clubs finish next Friday 28th November **except Dance** which has one more session on Friday 5th December. Please collect your child at 3.15pm. New club lists will come home at the start of next term.

THIS IS OUR

HELP YOUR SHELF

How it Works

It’s all **free**.

Take what you need, whenever you need it.



No Questions Asked – No Judgements Made

Give what you can if you would like to.

Donations wanted

Our Help Your Shelf is looking rather bare. If you are able to bring in any non-perishable food items, cleaning products or toiletries, we would be very grateful. These will all go to helping our families and community. Thank you very much.

Payments for Year 6 London

Year 6: The next payment of £70 for the London trip next July is due on **Friday 28th November at the latest**. Please pay online on Arbor.

After school childcare - Friday 19th December

There will be no after school childcare club for any children on the last day of term, Friday 19th December. Please collect your child at 3.15pm.

Christmas tree decoration

Our Christmas tree arrives soon and it will look very bare! Please could your child make a lovely decoration over the weekend and bring it in next Thursday or Friday so that it can be put on to the tree. Thank you.



FOAS Christmas card fundraising

Thank you to everyone who bought items to raise funds for FOAS. If you missed the deadline, you can now order from today, **21st November and the deadline is 1st December.** The company estimate delivery of items ordered then will be in the last week of term. If you'd like to order something FOAS still get commission so please go online today up until 1st December. Thank you.

Emails via Arbor

You may have noticed that emails from us via Arbor are going straight into your Junk or Spam folder. Apologies but this is an issue Trust-wide with Arbor not with us. If you are able to go into your email provider's settings you should be able to choose to mark all Arbor emails as not Junk/Spam which will hopefully solve the problem.

Termly newsletter for parents of SEND children in Cornwall

Please see the link below:

<https://mailchi.mp/cornwall/send-update-autumn-term>

Reception visit to the Gardeners' House

Dragonflies!

Tuesday was the second session of Alvertons' Dragonfly project – and the weather was good enough for the reception children to come to us! We walked here along the prom and the sun came out...

15 children came to learn all about habitat by firstly looking at all the tiny living things around the garden in all their habitats (under logs and leaves, under mounds of cut grass...) and then being the little creatures in their habitats.

We were woodlice hiding under the leaf litter! We were tiny slithery slugs climbing through the roots and fungi under the ground. Then we were tiny baby dragonflies, tucked into the bottom of the pond watching the leeches squiggle by.

Rich who volunteers at The Gardeners House and who has helped devise and run this project taught the children the dragonfly song. If any parents are hearing "I'm a dragonfly, I'm a dragonfly, a dragonfly am I" at home - that's why.

Poor Rich – I decided we should have him sing every time we did something new (a break, a new activity etc) and spent the whole day doing a stage whispered – "RICH – SING!" at him. He sang and sang and sang!

I could see the children having a really lovely time, we were outside all day in sun and rain, they were curious and interested and it was a really really magic day.

Daisy





Thank you so much to everyone who has already placed an order for bespoke Christmas gifts made from your child's design – from cards and wrapping paper to mugs, baubles, toys, cushions and more!

A commission raised from every sale goes to the Friends of Alverton School.



Missed the early deadline? Don't worry, the next window for ordering is from TODAY, Friday 21st November, until Monday 1st December.

Delivery is free to school and the company estimates that items will be delivered in the last week of term – just in time for Christmas!



All parents, grandparents, carers and staff are automatically members of the Friends of Alverton School – and we'd love for you to get involved!

Whether you have time to help out, an idea or feedback to share, or just want to stay in the loop, we'd love to hear from you. There's absolutely no commitment – you can take part as much or as little as you like.

We have a friendly WhatsApp group where we share updates and stay connected. If you'd like to be added to the group or simply want to find out more, please get in touch with us at:

@ friendsofalvertonschool@gmail.com

@ You can also follow us on Instagram...
[ALVERTON_SCHOOL_FOAS](https://www.instagram.com/ALVERTON_SCHOOL_FOAS)

Autumn 2 – PE Days

Please note some changes:

Kittiwakes Friday

Curlews Friday

Puffins Monday and Thursday

Owls Tuesday and Wednesday

Kingfishers Wednesday and Thursday

Trencrom Monday and Friday

Lanyon Wednesday and Thursday

Kerris Monday and Tuesday

Bodrifty Wednesday (double session)

Bosigran Thursday (Forest Schools - outdoor learning clothes) and Friday (PE kit)



Books2Africa

CERTIFICATE OF THANKS

Awarded to

Alverton Primary School

**For donating and funding
a shipment of**

**6 box(es) of books and
resources to Africa**





Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family
Line

0808 802 6666

ChildLine

0800 1111



0300 123 3393

www.mind.org.uk



for better mental health

Download this image onto your phone for **when you might need help**



Samaritans: 24h
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

116 123

Shout: 24h
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**

• Under 18s, text **YM**

Text: **85258**

Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

0800 038 5300

Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

01209 901438

If you, or someone else, is in immediate danger call **999**



www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

0808 800 5000

help@nspcc.org.uk

www.nspcc.org.uk

Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Veryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens
advice

0344 411 1444

ON YOUR SIDE
NO MATTER WHAT

0800 58 58 58

THECALMZONE.NET/WEBCHAT

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS

CAMPAIGN
AGAINST
LIVING
MISERABLY
CALM

"It's alright to ask for help"

SAMARITANS

116 123

NATIONAL DOMESTIC
VIOLENCE HELPLINE
0808 2000 247
24/7 CONFIDENTIAL
FREEPHONE

AT HOME
SHOULDN'T
MEAN
AT RISK

#YOUARENOTALONE

FIND SUPPORT AT:
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

https://www.wcwaid.co.uk/helpline

What Parents & Educators Need to Know about AI-GENERATED VIDEOS

WHAT ARE THE RISKS?

AI-generated videos are increasingly difficult to spot and easy to share. From fake news clips to deepfake abuse, children and young people face new risks every day online. These videos can imitate real people, spread false narratives or even generate harmful content from scratch. Understanding these dangers is crucial for schools and families who want to protect children in a fast-evolving digital world.

DEEPPAKE ABUSE CONTENT

Shockingly, artificial intelligence is now being exploited to create child sexual abuse material (CSAM). These synthetic images and videos are a form of digital abuse, often generated by manipulating real children's photos, including ones shared innocently online. Worryingly, the Internet Watch Foundation (IWF) has identified a sharp rise in this disturbing trend. Whether real or AI-generated, this content causes lasting trauma – and its creation or possession remains a criminal offence under UK law.

BLURRED REALITY

Regular exposure to fake content can erode a child's trust in real-world evidence. If everything can be faked, they may begin to question genuine videos – including actual abuse or injustice. This is known as the 'liar's dividend', where real harm is dismissed as fake news. It can discourage victims from coming forward or speaking up.

USED FOR BULLYING

Deepfake technology is already being used by peers to create embarrassing or explicit clips of classmates. These videos can be edited to appear as though a child said or did something they never did. Once shared, they are almost impossible to delete completely. AI-generated bullying adds a new layer of harm that is deeply personal and difficult to prove.

EMOTIONAL MANIPULATION

AI-generated videos can be used to provoke strong emotions, including fear, anger or guilt. False footage of crying children, injured animals or burning buildings may be created purely for clicks, donations or political influence. Children may feel upset or powerless, unaware that what they are watching has been digitally invented to manipulate their reaction.

DISINFORMATION

AI-generated videos can spread fake news, making it harder for children to separate fact from fiction. False clips may include deepfake interviews, hoax disasters or fabricated health claims. AI is already being used to produce misleading or persuasive material that appears authentic. If they don't develop media literacy, children may accept false content as truth.

IMPERSONATION AND SCAMS

With just a few photos or voice clips, AI tools can imitate someone's appearance or speech. This makes it easier for scammers or bullies to create fake videos of children, teachers or celebrities. These impersonations can be used for fraud, harassment or humiliation – and can spread quickly through social media or group chats, due to the viral potential of video, in particular, on social media.

Advice for Parents & Educators

TEACH HOW IT WORKS

Explain to children that videos can be faked – and show them how. Demonstrating side-by-side examples of real vs AI-generated clips helps to build awareness. Discuss how faces, voices and even movements can be copied by machines. Understanding the technology reduces fear and builds confidence in navigating digital content safely.

TALK ABOUT TRUST

Always keep lines of communication open. If a child sees something upsetting or unbelievable, they should feel safe discussing it without judgement. Create an environment where they know they will not get in trouble for asking questions. This also helps you step in quickly if harmful content has been shared; trust is vital and needs to be nurtured.

ENCOURAGE CRITICAL QUESTIONS

Help children question what they watch. Who made this? Why was it made? Is it trying to persuade me? These habits encourage digital thinking, especially when videos seem too shocking or convenient. Reinforce that not everything shared by friends or influencers is true, even if it looks convincing at first, and that the initial approach should always be one of speculation.

STRENGTHEN PRIVACY SETTINGS

Advise children not to share voice notes, selfies or personal videos on public platforms. AI tools often scrape content from social media to create deepfakes. Use privacy controls to limit who can see their content and turn off facial recognition where possible. Fewer public images means fewer opportunities for misuse.

Meet Our Expert

Brendan O'Keeffe is a headteacher and digital education consultant with over a decade of experience in education. As Director of Digital Strategy across multiple schools and an advisor to The National College, he specialises in digital safety, PREVENT, and pastoral care.



#WakeUpWednesday

The National College

X @wake_up_weds

f /www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 12.11.2025

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links http://www.alverton.org.uk/website/online_safety_for_families/246722. Your child's teacher will also always be happy to talk to you about online safety.

STARS OF THE WEEK

| | | |
|----------------|------------|---|
| Little Foxes | Sophia | for joining in at group time |
| Little Owls | Arthur | for taking part in whole class activities |
| Kittiwakes | Henry | Enthusiasm: for trying his absolute best every single day in phonics |
| Curlews | Harrison | Enthusiasm: for grasping every opportunity to be a total star at school |
| Puffins | Suki | Enthusiasm: for coming up with some amazing adjectives in English |
| Owls | Mathew | Enthusiasm: for making super progress in sounding out for writing |
| Kingfishers | Bella-Rose | Enthusiasm: for trying so hard in her phonics lessons this week |
| Trencrom | Oscar | Responsibility: for being really responsible for himself & others |
| Lanyon | Evan | Enthusiasm: for trying his absolute best with his handwriting |
| Kerris | Charlie H | Enthusiasm: for beautiful writing this week |
| Bodrifty | Frankie | Enthusiasm: for a superb attitude to learning, working hard in English |
| Bosigran | Darcy | Enthusiasm: for always trying her best—her hand writing is fabulous |
| Kenidjack | Quinty | Enthusiasm: for excellent English work this week |
| Lunchtime Star | Tanner | for always being so well mannered |

Well one day it was mild, balmy and still pretty warm, the next it was winter. I suddenly had to dig out gloves, scarves, tights and boots and shove my shorts to the bottom of my drawers. That was a bit of a shock to the system I can tell you. Reading recently about parenting in the winter I found some very sensible information such as keeping children warm and dry with layers and wrapping up to go outside, as well as eating healthily but even more importantly I discovered advice about boosting everyone's morale by staying connected with loved ones and making time for self-care to avoid the winter blues. My favourite self-care usually involves family and friends and this works all year round. In the winter I add a roaring fire, a comfy sofa, a good book or film and my pyjamas. Parenting young children and creating time for self-care is so much harder than it may sound, but maybe you can use these dark nights to your advantage and have an early night yourselves? Snuggle into those pjs at the same time as the children, read their bed time story them maybe try to read your own. Sometimes it will work, others it may not but I do recommend you give it a go, there's nothing better than curling up in a warm place with something lovely to read. And a cuppa. Hot chocolate is my personal choice. And biscuits. With chocolate on. My favourite. Put the screens away and relax. Good luck, but do come and say hi if you fancy sampling my hot chocolate making skills (pretty good may I say) and my biscuit finding technique (second to none). Stay cosy. Mrs Daylak xxx



DIARY DATES

| | |
|--|---|
| Friday 28th November | Clubs finish |
| Monday 1st December 9.30am | Advent Service <i>Followed by coffee & mince pies</i> |
| Tuesday 9th December 9.30am and 2pm | Reception Christmas performances |
| Wednesday 10th December 2pm and 6pm | KS1 Christmas performances |
| Thursday 11th - Friday 12th December | Year 4 Christmas sleepover at St Ives |
| Friday 12th December 2pm | Nursery Nativity |
| Wednesday 17th December 6.30pm | KS2 Christmas Carol Concert at Chapel Street Methodist Chapel |
| Friday 19th December | Pupils Christmas lunch |
| Friday 19th December 3.15pm | School closes for Christmas holidays (normal time) |
| Monday 22nd December - Friday 2nd January | School closed for Christmas holidays |
| Monday 5th January 8.30am | School opens for Spring term |
| Monday 26th January | INSET Day - school closed |



WE'VE GOT SPACES

JOIN OUR RANGE OF PROGRAMS

Recreational gymnastics
Daily (4pm-5pm)

Lyrical and Hip Hop
Tuesdays (5:45pm-8:45pm)

Parkour
Tuesday and Thursdays (4:30-7:30)

Recreational Cheerleading
Wednesdays (5pm-6:30pm)

Competitive Cheerleading
Friday (5pm-7pm)
Sunday (12pm-4pm)

Email pzgyclub@gmail.com to book your trial



OUR BRAND NEW



SEND ROOM

NOW OPEN FOR BOOKINGS

Bookable weekdays from 9:30am - 7:30pm
weekends from 9:30am - 3:30pm

Email: pzgyclub@gmail.com or call 01736 449608

