

**NEXT WEEK!
TICKETS SELLING
FAST!**

Alverton Primary School's
production of



Wednesday 25th May 2022 at 6.30pm
Thursday 26th May 2022 at 6.30pm

Tickets

£4.50 adult / £2.50 children over five.

Free tickets for pupils of Alverton School.

Please ask at the office if you have younger children
who would like to attend.

Music and Lyrics by

Lin-Manuel Miranda, Opetaia Foa'i and Mark Mancina

Book adapted by **Susan Soon He Stanton**

Music and Orchestrations Adapted and Arranged by **Ian Weinberger**

Based on the 2016 Disney film *Moana*

This amateur production is presented by arrangement with

Music Theatre International (Europe)

All authorised performance materials are also supplied by **MTI Europe**

www.mtishows.co.uk

We look forward to seeing some of you at Moana next week. Please do not attend if you have any Covid symptoms and please feel free to wear a mask if you wish.

Remember – safeguarding is everyone’s responsibility

If you have a safeguarding concern, please contact Martin Higgs (Designated Safeguarding Lead) at head@alverton.cornwall.sch.uk or, if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;

E-mail: multiagencyreferralunit@cornwall.gov.uk

Covid 19

Please see the link below for updated Covid 19 guidance:

<https://www.gov.uk/government/publications/covid-19-people-with-covid-19-and-their-contacts/covid-19-people-with-covid-19-and-their-contacts>

Clubs

There will be no DANCE CLUB on **Friday 27th May** as Steph is away. Next one will be Friday 10th June.

Alternative Sports

There are still some spaces for KS1 (Wednesdays) and KS2 (Thursdays) for the next 4 weeks after half term. If your child is interested please sign a form at the office and bring in £12 cash for Go Active before the first club starts on Wednesday 8th June.

Relationship & Sex Education at Alverton

Please see the attached information from Mrs Clemens regarding the teaching of RSE at Alverton and contact her via the office if you would like to talk to her.

Go Active After School provision

Any queries or to book please contact Mr Timmons direct on 07843 126833 or by emailing him on alvertonkidsclub@outlook.com

The FOAS committee and school would like to say a massive **THANK YOU** to all who came and made the resurrected annual duck race such a **SUCCESS** last Saturday.

Loads of you came out in the beautiful spring weather and it was wonderful to see such a gathering again and for families to get to know each other more as part of the wider school community.

We raised a whopping **£500** from the day, which will go towards the music room and other activities FOAS are involved in.

THANK YOU FROM US AND QUAAACK FROM THE DUCKS!

Also... please use the QR code below to join us on Facebook, keep up with what’s happening and, perhaps, offer your help for events.



The staff would also like to thank Helen, Laura and Maili for their hard work, organisation and enthusiasm in arranging the Duck Race.



Sporting news

Well, what a wonderful few weeks of sport it has been! We have sent over a hundred children off to different sporting events or activities recently and they have certainly done us proud.

Football

On Monday, the Alverton football team travelled to Truro to play Newquay in the final of the Rosewarne Cup. This is the only competition that every school in Cornwall can enter so reaching the final has been a fantastic achievement. From the off, Alverton were peppering the Newquay goal with three shots cleared off the line and dozens of shots missing by millimetres. After half-time, the Alverton bombardment continued but no matter how hard we tried, the ball could not be persuaded to cross the line. And then.....disaster! Newquay had a rare break and with only their second shot of the game, took the lead. Alverton pressed and pressed, but to no avail and the match finished 1-0 to Newquay. It has been a great season, winning the League, reaching one semi-final and two finals so well done to everyone who has playing for the team. Well done all.

The team were: Thomas G, Thomas J, Leo, Kaiden, Cove, Alfie O, Kai, Jowan, Levan and Jenson. *Report by Mr Hammond*

Hockey

The Penwith Hockey league has been begun and on our first night, Alverton stormed ahead, winning every match 4-0! It wonderful to see such great teamwork and skill back on the astro again. Well done to the hockey team!

Tennis - silver and bronze medals!

We have also had two groups of children attend a tennis festival at Penzance Tennis club. Once again, we did extremely well, achieving silver and bronze medals in both the Yr3/4 and Yr5/6 teams. Well done to the tennis squads!



Rugby

The Year 5/6 Rugby team did really well in the Schools Games Rugby Tournament which was held on Wednesday. The first game in the group was Alverton v St Mary's and it was 2-1 to Alverton with a spectacular performance by Louis with an amazing try and good defensive work. In the second game we played Penpol who we beat 3-0. Connor Downs were our next opponents which Alverton dominated although the final result was only 1-0 to us. Now Alverton got to the final stage of the tournament which didn't start well as we lost 0-3 to St Hilary. We then drew 0-0 with St Uny, played Penpol A winning 3-0 and Penpol B winning 1-0. Our last game against St Hilary B team was a 1-0 victory to us. The final results were St Uny third, Alverton second and St Hilary first. Silver medals to us and to the Final next week we come. The team were: Kaiden, Louis, Thomas G, Thomas J, Eliza, Phoebe, Cora, Cove, Jenson, and Barnabas. *Report by Thomas G*

Daisy's Diary

We are finding bits and bobs of old pottery whilst digging the pond and this was a particularly splendid find. Parts of some old pipes - perhaps two or three? Rory dug all of these up and they might tell us something about when the school grounds belonged to the big house. I don't think this belonged to anyone very rich as it's quite plain - but it could be an old one as the bit at the end where you put the tobacco is quite big for these types of pipes I think - later on when tobacco was more expensive they were smaller.

Pumpkins!

We are getting the school pumpkins in. They've been in my lovely warm greenhouse at home but are big and strong enough now to start being planted out (cue sudden cold snap). We have warty ones! We have stripy ones! We have ones that look like they are pregnant with baby pumpkins and ones that look



like blue bananas. They've each had a bucket of poo and will get water every day. If anyone has any secret giant pumpkin growing tips pass them on to your child/ren so their class gets hoooge ones. Here are the Owls pumpkin planting troupe.



The chickens, after the excitement of finally being allowed back to school, have all gone broody. This means they are sitting on eggs (which won't hatch as there isn't a cockerel) all day every day. It's very boring. If you take them out to give them dinner, they hang about for a bit making weird

noises and doing enormous poos. Apart from Pearl, who is so full of hormones she just flops onto her face into the chicken food.... Also because they can't bear to be apart they are all in one nest, stacked on top of each other. Silly birds.

Sad Fox News

One of the baby foxes has died - very sad. The foxes have had two babies this year but on Wednesday Louis and Thomas found one cub had died at the back of the field. There was a huge dead fish with lots of bones right next to it so maybe it choked on a bone? I'm doing my best to get a photo of the parent foxes and the remaining cub to see if they are alright and will report back. I love our foxes - I never see them but on little videos from the Fox cam, paw prints in the mud and holes in the flower patch. But I feel like they are a magical part of our school. Louis and Thomas have buried the fox and as soon as the flowers are properly opened in the flower patch anyone who wants to can go up with me at lunch time and put some flowers on the spot.





Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family
Line

0808 802 6666

ChildLine

0800 1111



0300 123 3393

www.mind.org.uk



for better mental health

Download this image onto your phone for **when you might need help**



Samaritans: 24h
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

116 123

Shout: 24h
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**

• Under 18s, text **YM**

Text: **85258**

Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

0800 038 5300

Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

01209 901438

If you, or someone else, is in immediate danger call **999**



www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

0808 800 5000

help@nspcc.org.uk

www.nspcc.org.uk

Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Veryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens
advice

0344 411 1444

ON YOUR SIDE
NO MATTER WHAT

0800 58 58 58

THECALMZONE.NET/WEBCHAT

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS

CAMPAIGN
AGAINST
LIVING
MISERABLY
CALM

"It's alright to ask for help"

SAMARITANS

116 123

NATIONAL DOMESTIC
VIOLENCE HELPLINE
0808 2000 247
24/7 CONFIDENTIAL
FREEPHONE

AT HOME
SHOULDN'T
MEAN
AT RISK

#YOUARENOTALONE

FIND SUPPORT AT:
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

https://www.wcwaid.co.uk/helpline

What Parents & Carers Need to Know about DISCORD

AGE RATING

13+

Servers and channels marked as 'NSFW' require users to be 18 or older to join.

Discord is a free app which allows users to communicate in real time via text, video or voice chat. Available on desktop and mobile devices, it was originally designed to help gamers cooperate – but has evolved into a more general networking platform for a range of online communities, discussing topics like TV series, music, Web3 and more. Discord is organised around closed groups, referred to as 'servers'. To join a server, users must be invited or provided with a unique link. It's a space for users to interact with friends, meet others with shared interests and collaborate privately online – but it's also a place where young people can be exposed to risks if the right precautions aren't taken.

WHAT ARE THE RISKS?

CYBERBULLYING

Discord's easy accessibility and connectivity, unfortunately, makes it an ideal place for cyberbullying to occur – especially as audio and video streams disappear once they've ended, meaning that bullying could take place without leaving any evidence. Closed groups can also be created, giving young people the opportunity to exclude their peers or send cruel messages without adult oversight.

DIFFICULT TO MODERATE

Like many private communication apps, Discord's real-time messaging can be difficult to control. The system enables content moderation through each individual server – so different groups can set their own rules for what's acceptable, and some groups may not monitor for unsuitable content. Anything that happens in an audio or video stream is also virtually untraceable once the stream has concluded.

INAPPROPRIATE CONTENT

Discord mainly hosts private groups, making it easier for unsuitable or explicit content to be shared on channels. Pornography, racism and inappropriate language can be found in some groups. Server owners are required to add an age-restriction gate to channels where 18+ content is being shared – but this solution isn't foolproof, as the platform doesn't always verify users' ages when they sign up.

ACCESSIBLE TO PREDATORS

On many chat platforms, users can lie about their age or true identity – and Discord is no exception. Predators have attempted to abuse the platform by using it to contact and communicate with underage users – by initially chatting with a child on an age-appropriate channel, for example. While Discord has improved its safety settings, some users will still try to bypass them for malicious reasons.

CRIMINAL ACTIVITY

Discord does have strict Terms of Service and Community Guidelines to protect its users – but, sadly, not everyone adheres to them. Criminal activity including grooming, hate speech, harassment, exploitative content, doxing and extremist or violent material have all been found on Discord servers over the last two years. In 2020, Discord received almost 27,000 reports of illegal activity on the platform.

Advice for Parents & Carers

REVIEW SAFETY SETTINGS

Discord has a series of safety settings, enabling users to choose who can direct message them or send them friend requests. Your child's experience on Discord will be much safer if the app's privacy and safety settings are configured to only allow messages or friend requests from server members. This will minimise the chances of potential predators from outside the group contacting them.

EXPLAIN AGE FILTERING

While Discord requires users to be at least 13 to sign up, many servers geared towards older users are flagged as NSFW (not safe for work), which indicates they probably contain material that's inappropriate for children. It can be easy to click through settings without properly reviewing them, so ensure your child understands why age filtering is important and that it's there to protect them.

SCREEN OUT EXPLICIT CONTENT

In the privacy and safety settings, Discord users are offered the ability to filter direct messages for inappropriate content: a setting that should be enabled if your child uses the platform. Discord automatically tries to flag images that are explicit, but the setting must be manually enabled for text. If a young user is sent explicit content in a direct message, Discord will scan and (if necessary) delete it.

MONITOR ONLINE ACTIVITY

It's wise to regularly review your child's activity on Discord. This can include checking their safety settings to ensure they're correctly enabled, talking about which servers they've joined and reviewing some of their friends and direct messages. Ask if anything has made them feel uncomfortable or unsafe. Things can change quickly online, so plan routine check-ins and follow up frequently.

DISCUSS GOOD ONLINE BEHAVIOUR

The anonymity offered by the internet often leads people to communicate more openly online and behave differently than they would at school or home. It's crucial to bear in mind, though, that every internet user is still a real person. Talk to your child about the severe and lasting consequences that cyberbullying or exchanging inappropriate material online can have in the real world.

HAVE CANDID CONVERSATIONS

It can sometimes be awkward to discuss topics like grooming, pornography, racism or explicit content with your child – but it's important to ensure they're aware of the harms these things can pose. Talking openly about these subjects is a great way to help your child feel more comfortable about coming to you if they experience an unwanted encounter on Discord (or anywhere else online).

Meet Our Expert

Coral Cripps is a Canadian-born, London-based tech journalist at gmv3.com: a website specialising in all things Web3, gaming and XR (extended reality). With a focus on brands and culture, she researches and writes about the ways that our current innovations – including the metaverse and Web3 – are impacting people, places and things.



National Online Safety®

#WakeUpWednesday

Source: <https://www.theinfoyoungminds.com/post/long-term-of-discord-6-steps- safeguarding-teens-on-popular-chat-app/> <https://support.discord.com/help/faq/discord-features/online-safety> <https://www.fox.com/news/discord-creates-house-of-vicent-external-and-own-185622266>



www.nationalonlinesafety.com



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@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.05.2022

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links http://www.alverton.org.uk/website/online_safety_for_families/246722. Your child's teacher will also always be happy to talk to you about online safety.

Free School Meals / Pupil Premium

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/>

Registering a child as eligible for free school meals (as described below) means that your child receives a free meal every day (though they can, of course, bring a packed lunch should they prefer) but there are additional benefits too. Pupil Premium brings more money into the school to help children achieve and learn. Children in receipt of the Pupil Premium also receive other benefits (eg contributions towards Key Stage 2 camps and funding to use for uniform, music lessons, trips etc). At some times, there are further benefits for these children such as food vouchers during holiday times where these are given. Please see the Pupil Premium Provision Map in the Pupil Premium section of our website http://www.alverton.org.uk/website/pupil_premium/172518 or speak to Mrs Gill or Mrs Stacey in the office or contact Mrs Wicks who leads our Pupil Premium provision.

The easiest and quickest way to apply for free school meals is online through the Cornwall Council website but, if you are unable to do this, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

A child is eligible for free school meals if their parent / carer (or the child themselves) receives any of the following benefits:

- Income Support (IS)
- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- Child Tax Credit (CTC) with an annual income of less than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods

If you are claiming the benefits listed below you are NOT eligible for free school meals, regardless of what other benefits / credits are being claimed:

- Working Tax Credit
- Contribution-Based Job Seeker's Allowance and / or Contribution-Based Employment and Support Allowance

NB All Reception, Year 1 and Year 2 pupils are entitled to receive a free school meal as part of the Universal Infant Free School Meals (UIFSM) initiative, regardless of what benefits are being claimed. However, some children in Reception, Year 1 and Year 2 may also have an entitlement to benefits-related free school meals and it is important to apply for these if you think your child may be eligible.

Registering for free school meals / Pupil Premium is confidential. If you think that your child is eligible, we strongly recommend that you contact Cornwall Council as detailed above. Mrs Gill and Mrs Stacey in the office will also be able to help you and answer any questions you may have.

Thank you.



Parents and Carers Virtual Coffee Morning Sessions

The HeadStart Community Facilitators are hosting **free** Virtual Coffee Morning sessions on Zoom for parents and carers to find out more about a wide range of services and organisations in Cornwall.

Friday 27th May 10am - 12

with guest professionals from the **Primary Mental Health Team** and the **HeadStart Kernow Online Resilience Tool**

Friday 24th June 10am - 12

with guest professionals from **Dreadnought** and **Coastline Housing**

**For more information and how to join, please email:
Terrie.Perkins@ypc.org.uk**



STARS OF THE WEEK

Kittiwakes	Poppy	for always being helpful around the classroom & an all round superstar
Curlews	Elliot	for a fantastic detailed minibeast habitat drawing
Puffins	Raya	for her fluent and confident reading
	Kea	for his excellent storm writing this week
Owls	Esme	for such determination with her reading & making such super progress
Kingfishers	Ashton	for trying his best in everything he does
Trencrom	Vivian	for working so hard & always doing his best
Lanyon	Lucie	for being so brave at the Minack & performing a dance. Well done!
Kerris	Jack	for being a superstar and working so hard ALL of the time
Bodrifty	Ciaran	for working so hard on his reading, writing & Maths. Well done!
Bosigran	Kaiden	for taking leadership & responsibility in sport
Kenidjack	Thomas G	for being a fantastic captain of the football team
Dinnertime	Louis	for being kind & thoughtful & always having lovely manners
Outdoor Learning	Clayton	for being such a great assistant around the fire. Thank you.



No way! It can't be Friday already? And we seem to be zooming closer to half term! Where has it all gone? Covid, lockdown and all that came with it seems to be receding, and I for one don't miss it, I'm too busy getting out and about, preferably in the sea, which is my happy place and one of the positives for me that came about because of our lockdowns. The sea always calms and settles me, no matter how I may be feeling. If you can't find your happy place, or you've lost it temporarily, perhaps I can help. With a cuppa too. And a biscuit, for we need treats, don't we? Well, I know I do. All confidential, unless you want me to do or say something. It's your choice. Always here for you lovelies, always. Take care and enjoy the weekend as much as you can. Mrs Daylak xxx

Diary Dates

25th & 26th May	School production of Moana - 6.30pm
27th May	Jubilee Picnic - 12.15-1.15pm
30th May-3rd June	HALF TERM
6th June	School closed
9th June	LKS2 Sports Day - 1.30pm
13th June	UKS2 Sports Day - 1.30pm
14th June	Reception Sports Day - 1.30pm
15th June	KS1 Sports Day - 1.30pm
22nd June	Alverton Mazey Parade - pm
25th June	Mazey Day (Parade time TBC)
30th June-1st July	Year 3 camp at Penryn

Platinum Jubilee picnic for parents

Information:

Friday 27th of May.

12:15 to 13:15

On the school field
Celebrate the
Queen's platinum
Jubilee by eating a
picnic lunch on the
field .

If you wish to
come please
bring a picnic
blanket and a
pack lunch.



Poster by Ruby and
Roxy

WILD EXPLORERS
TUESDAY 31ST MAY
10AM-3PM
7-11YR OLDS

www.heartofthewoods.org

Nature Explorers

Come and take a walk in the
deep dark woods!!



Thursday 2nd June
9.30-11.30

Now booking @
www.heartofthewoods.org