

Alverton School - Swimming Programme

March 2018

This term, we have thought carefully about our current swimming programme. We have, in an effort to increase the number of Yr3 and 4 pupils being able to swim 25m, changed how we deliver our swimming lessons.

Increased Lesson Time

We have increased the time the pupils have in the water from 30 minutes to 45. Two classes attended a lesson each week so they could have longer in the pool but still had the same amount of time overall.

The impact of this was quickly seen and more progress was made.

Instructors

Karen Whipp, an experienced TA, has been attending every swimming lesson in order to monitor and track progress. Both she and another TA attended a two day training course thus ensuring our children receive high quality coaching.

Intervention

We have used money from the P.E. Premium to subsidise 3 weeks of intensive swimming lessons for 16 children from Yrs 3 and 4. These pupils were identified during lessons and received 9 lessons over a period of 3 weeks at a cost of £10. We will measure the impact of this and, if successful, will offer this intensive programme to pupils from other year groups.

Year 6: Swimmers

We have identified that we have 9 children out of 49 who cannot yet swim the required 25m. These pupils will be offered catch-up sessions during the summer term. We are in discussion with our cluster lead regarding life-saving and water sport activities for those who can already swim the required distance.

Year 6: Life Saving

We have also identified that of our **40 able swimmers, 38 of those can swim effectively using a range of strokes** and all swimmers attended a 2-day surf lifesaving course as part of which they had to perform safe self-rescue. These children will repeat this 2 day course again this year using funding from the P.E. Premium.