

Lighthouse book shop & tuck shop

Our book shop has been fully stocked and your child can use either their school book bank cheques or cash to buy a book. Each class will be visiting the book shop once a month to browse the books and use any of their book cheques if they have them.



Clubs

All clubs start on Monday 13th January and if your child put in a clubs form, they should have received it back showing which clubs they are doing. Many clubs have long waiting lists so if your child does not commit to attending regularly, their place will be given to the next person on the list. If your child is not attending a club for any reason, please let us know so that this can be put on the club's register for that day.

If your club requires payment, please ensure that this is received before the date of the first club or your child will not be able to be start.

Please collect your child promptly at the end of their club. If you are going to be late to collect them, please contact Go Active to book them into their after school provision on 07843 126833.

PE kit

ALL years (except Reception) should bring their full PE kit to school on a Monday and leave it in school all week. Please only take home on a Friday for washing. Thank you.

Music lessons

All music lessons start next week except guitars (which start on 23rd). If you haven't yet paid your invoice for Maria or Julyan, please can you ensure payment is made before your child's first lesson so that they can take part.

Online safety

Please see the information below with some excellent advice about Online Bullying. We will be publishing a different information page each week.

What children need to know about

ONLINE BULLYING



What is online bullying?

ONLINE BULLYING – ALSO KNOWN AS CYBERBULLYING – IS BULLYING THAT TAKES PLACE ON THE INTERNET OR VIA ELECTRONIC DEVICES AND MOBILE PHONES. IT CAN INCLUDE:

1. SENDING SOMEONE MEAN OR THREATENING EMAILS, DIRECT MESSAGES OR TEXT MESSAGES
2. HACKING INTO SOMEONE'S ONLINE ACCOUNT
3. BEING RUDE OR MEAN TO SOMEONE WHEN PLAYING ONLINE GAMES
4. POSTING PRIVATE OR EMBARRASSING PHOTOS ONLINE OR SENDING THEM TO OTHERS
5. CREATING FAKE SOCIAL MEDIA ACCOUNTS THAT MOCK SOMEONE OR TRICK THEM
6. EXCLUDING SOMEONE FROM AN ONLINE CONVERSATION OR BLOCKING THEM FOR NO REASON

BE KIND ONLINE

BEFORE PRESSING 'SEND' ON COMMENTS, ASK YOURSELF THESE 3 QUESTIONS...

1. WHY AM I POSTING THIS?
2. WOULD I SAY THIS IN REAL LIFE?
3. HOW WOULD I FEEL IF SOMEBODY SAID THIS TO ME?



National
Online
Safety

#WakeUpWednesday



Why does it happen?

GOING ONLINE MAKES IT EASIER FOR PEOPLE TO SAY AND DO THINGS THEY PROBABLY WOULDN'T DO FACE TO FACE. ONLINE BULLIES DON'T GET TO SEE THEIR VICTIMS' REACTIONS IN REAL LIFE, SO THIS CAN COOON THEM FROM THE REAL DAMAGE THAT THEY ARE DOING. QUITE OFTEN, PEOPLE BULLY BECAUSE THEY ARE GOING THROUGH SOMETHING DIFFICULT THEMSELVES AND TAKING IT OUT ON OTHERS IS THE ONLY WAY THEY KNOW HOW TO GET CONTROL OF THEIR OWN EMOTIONS.

How does it feel to be bullied?

BEING BULLIED CAN IMPACT ON YOUR SELF-ESTEEM, CONFIDENCE AND SOCIAL SKILLS. BECAUSE IT HAPPENS ON YOUR PHONE, TABLET OR COMPUTER, IT CAN FEEL LIKE YOU ARE UNDER THREAT EVEN WHEN YOU'RE IN A SAFE ENVIRONMENT, SUCH AS YOUR BEDROOM. DON'T FORGET...IT IS NOT YOUR FAULT IF YOU'RE BEING BULLIED.



Am I an online bully?

SOMETIMES IT ISN'T OBVIOUS THAT WHAT YOU ARE DOING IS WRONG, BUT IF YOU USE DIGITAL TECHNOLOGY TO UPSET, ANGER OR EMBARRASS SOMEONE ON PURPOSE, THIS MEANS YOU'RE INVOLVED IN ONLINE BULLYING. IT MIGHT BE AS SIMPLE AS 'LIKING' A MEAN POST, LAUGHING AT AN ONLINE VIDEO, OR SPREADING A RUMOUR. BUT THE PERSON BEING BULLIED COULD FEEL LIKE THEY ARE BEING GANGED UP ON. THINK ABOUT HOW IT WOULD MAKE YOU FEEL IF IT HAPPENED TO YOU. EVERYONE CAN MAKE MISTAKES, BUT IT'S IMPORTANT TO LEARN FROM THEM – GO BACK AND DELETE ANY UPSETTING OR NASTY POSTS, TWEETS OR COMMENTS YOU'VE WRITTEN.

Who do I tell?

YOU DON'T HAVE TO DEAL WITH THE BULLYING ON YOUR OWN. TALK TO AN ADULT THAT YOU TRUST – A PARENT, GUARDIAN, OR TEACHER. MOST WEBSITES, SOCIAL MEDIA WEBSITES AND ONLINE GAMES OR MOBILE APPS LET YOU REPORT AND BLOCK PEOPLE WHO ARE BOTHERING YOU. YOU COULD ALSO CONTACT CHILDLINE (WWW.CHILDLINE.ORG.UK), WHERE A TRAINED COUNSELLOR WILL LISTEN TO ANYTHING THAT'S WORRYING YOU – YOU DON'T EVEN HAVE TO GIVE YOUR NAME.



How do I prove it?

WHEN CYBERBULLYING HAPPENS, IT IS IMPORTANT TO DOCUMENT AND REPORT THE BEHAVIOUR, SO IT CAN BE ADDRESSED – RECORD THE DATES AND TIMES WHEN CYBERBULLYING HAS OCCURRED, AND SAVE AND PRINT SCREENSHOTS, EMAILS, AND TEXT MESSAGES.



How can I stay safe?

MAKE SURE YOUR PRIVACY SETTINGS ARE SET SO THAT ONLY PEOPLE YOU KNOW AND TRUST CAN SEE WHAT YOU POST. NEVER GIVE OUT PERSONAL INFORMATION ONLINE, SUCH AS IN PUBLIC PROFILES, CHAT ROOMS OR BLOGS, AND AVOID FURTHER COMMUNICATION WITH THOSE SENDING THE MESSAGES. KEEP AWARE OF FAKE PROFILES AND INTERNET USERS PRETENDING TO BE SOMEONE THAT THEY ARE NOT.



Fred in Year 5 has written this fantastic poem about Forest Fuel as part of Key Stage Two's topic on Disasters.

Forest Fuel

The Fire they said angry fearless with
NO regret

the Fire they said dancing all around
Nothing got past it nothing, nothing,
Nothing

The Fire they said

Blazing.

Scorching

Fury

Golden embers menacingly patrolled the
Forest canopy and floor

Not even the best Fire Fighters won the battle

The Fire they said disastrous immense roaring

Hotter than lava hotter than the sun getting

Hotter, hotter, hotter every second

blazing and SLUAGING so close to alive

The Forest is Fuel Forest Fuel



Fred

Menu change

Thursday 16th January

As this is Census Day, there is a special menu. It really helps our school funding if as many children as possible in EYFS and KS1 have lunch that day.

Pasta bolognese

or

Macaroni cheese

Fruit and ice cream

There will also be jacket potatoes and packed lunches available.

Parenting workshop (run by the Family Support team)

Change of time

We are running a parenting workshop in January over two sessions on **Friday 17th January and Friday 24th January in the afternoons (not the mornings) from 12.30-3pm**. There will be lots of useful strategies to help you and your child and the chance to ask our Family Support workers questions if you have any concerns in a relaxed, informal environment. Refreshments will be provided. If you'd like to come along to these please let the office know.

KS2 camps in 2020

All our camps are now booked for next year. You can pay any amount online using the schoolmoney website at any time up to the last day before full payment is due.

Year 3 Eden (£76 total)

Deadline for full payment: 1st February 2020

Year 4 Bude (£95 total)

Deadline for full payment: 1st February 2020

Year 5 Porthpean (£155 total)

Deadline for full payment: 15th May 2020

Year 6 London (£310 total)

Deadline for full payment: 14th April 2020

Full payment is needed by the above dates. If it is not paid in full by these dates, we will cancel your child's place and refund any money you have already paid (less the deposit) with immediate effect.

You can pay as much or as little as you want anytime up to the final date. Don't forget to pay online at schoolmoney.co.uk. Click into the amount box and change the total payment to the amount you'd like to pay. If you cannot pay online, please ask at the office for a Paypoint barcode which you can use to pay cash at a local Paypoint retailer.

Need a chat?

Come and have a cup of tea with Mrs Daylak if you have any questions or concerns about anything which might be affecting your child in school. You can find her any Monday to Thursday after school until 4pm. If you would rather make an appointment, please ask the office. She might even find you a biscuit to go with your tea!



Early Help - Penwith



**CORNWALL
COUNCIL**
we and all we hold dear

Together 
for Families

Being Passionate about Parenting

Support for Parents, Grandparents and Carers

Being a parent does not come with an instruction manual, we all know it can be hard at times and a little help could be simply invaluable.

**Ever wondered why your child
behaves a certain way?**

**Feel alone?
Not sure who can**

**Are you thinking
that something
needs to change?**

Come along to our free morning **Workshops** to learn some new skills on how to manage difficult behaviour and improve you and your child's relationship at home.

Our next workshop is below, please call soon as places are limited.

Friday 17th and 24th January 2020

12.30pm - 3pm

Alverton Primary School, Toltuff Crescent, Penzance TR18 4QD



To request a place, please speak to
Mel Berryman - Parenting Worker 07968992116
Nikki Cooper - Senior Family Support Worker 07825191040
Tea and coffee provided

STARS OF THE WEEK

Choughs & Robins	Ella	for always being utterly perfect in every way & always ready to learn
	Gia	for super all round effort & a smile every morning
Puffins	Anthony	for his interest & enthusiasm on our Eden trip
Owls	Trey	for exceptionable behaviour on our Eden trip
Kingfishers	Teddy	for achieving 100% fluency on Reflex Maths
Trencrom	John	for always being a star since day one & always being ready to learn
Lanyon	Clayton	for writing an excellent fire shape poem
Kerris	Ryan	for his orienteering skills on our visit to Botallack
Bodrift	Ruby A	for writing some fantastic poetry this week
Bosigran	Milly	for always brightening up our day & being an all round superstar
Kenidjack	Scarlet	for an excellent start in English this year
Dinnertime	Brodie	for always choosing a healthy lunch
PE Star	Arthur & Bea	for cycling to school every day for a month. Superb!



Twitter

Don't forget to follow us on Twitter @alvertonschool to keep up-to-date with all the exciting things that are going on.



CLASS ATTENDANCE THIS WEEK

Choughs	97.0%	3
Robins	91.0%	11
Puffins	94.5%	9
Owls	97.3%	6
Kingfishers	98.7%	1
Trencrom	94.7%	8
Lanyon	97.7%	2
Kerris	97.0%	3
Bodrift	95.5%	7
Bosigran	92.1%	10
Kenidjack	95.7%	5
Overall school attendance	95.7%	

Our collective target is 96.5%

DIARY DATES

January

- 13th Music lessons start
- 13th Clubs start
- 15th Swimming starts today for Year 5
- 31st Sharing assembly for Bosigran at 2.45pm

February

- 7th Sharing assembly for Lanyon at 2.45pm
- 14th Sharing assembly for Trencrom at 2.45pm
- 14th School closes at normal time of 3.15pm for half term break

Monday 17th to Friday 21st February – HALF TERM

PLEASE NOTE CLUBS CONTINUE AS NORMAL AFTER HALF TERM

March

- 5th St. Piran's dance for Year 6 – details to follow
- 5th World Book Day
- 9th-11th Parent Consultations – appointment times will be booked online – **no clubs this week on Monday, Tuesday and Wednesday.**
- 13th Sharing assembly for Owls at 2.45pm
- 19th FOAS Easter Disco – details to follow
- 20th All clubs finish

