



Important information about Thursday 27th June

We have recently been informed by Western Power that they have to carry out essential maintenance work on **Thursday 27th June**. This will result in an interruption to our electricity supply during the school day on that date.

As our phone system works on mains power, for the duration of the supply being cut you will not be able to ring into school and we will be unable to send texts.

As the kitchen will have no power, there will be no meals available on that day other than packed lunches for pupils entitled to a free school meal, either through Pupil Premium funding or Universal Free School meals for infants (children in Reception, Year 1 and Year 2).

Please ensure that you send your child into school on that day with a packed lunch as there will be no meals available.

If your child is entitled to free school meals or is in Reception, Year 1 or Year 2, we will be asking them for their choice of sandwich filling on Monday to enable our staff to prepare.

Thank you for your support.

Mazey

The Golowan theme is 'green' this year. Our giant Mazey day sculpture will reuse a manufacturing bi-product donated to the school. The tissue paper for our 'green' themed sculpture comes from the printing plate processor at Booths print, Penryn. This helps the school's art budget go further and has less of an environmental impact than using new tissue paper.

"At Booths we take our environmental responsibility seriously. We are always looking for new and creative uses for the bi-products of our printing. Booths Print have strong links with Cornwall's schools, university and creative industries. We try to donate most of our clean left over paper to local schools, charities and community projects".

<http://boothsprint.co.uk/>

Our Alverton Mazey parade is next **Thursday 27th June** leaving school around 9.30am. Please come and watch if you can! A letter has gone home this week with full details about our Alverton parade and the main Mazey parade on Saturday 29th June.

Online safety

Please see the next page for some excellent advice about Instagram. We will be publishing a different information page each week.

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



Instagram is a hugely popular social networking app with over 1 billion snap happy users worldwide. The app, which is accessible on iOS and Android devices, allows users to upload images and videos to their feed, like an online gallery. Images and videos can be transformed with an array of filters to edit the shot before sharing. Anyone with an account can see others' online 'galleries' if their account is not private. To make posts easier to find, users can include searchable hashtags and captions to their uploads. The app has additional features like an 'Explore Page,' which contains videos and images tailored to each user based on accounts and hashtags they follow.

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What parents need to know about INSTAGRAM

HOOKED ON SCROLLING

Instagram revealed that young users spend a minimum of 22 minutes on the app per day. Many social media platforms, Instagram included, have been designed in a way to keep us engaged on them for as long as possible. Behavioural economist Sir Peter Dinkhof, the 'Hook Model' and the Instagram feed is a great example of this. Children and adults may find themselves scrolling to try and get a dopamine release. Scrolling may become addictive and it can be difficult to stop scrolling until they find that something they are looking for. Children may quickly lose track of time as they get deeper into their Instagram feed.

SLIDING INTO DM'S

Direct messages (or DM's) on Instagram allow users to share photos, images, videos, voice messages and calls between each other privately in a private group. Even if your child's account is set to private, anybody has the option to message them and send them content. If the person is not on your child's friends list, the message will still be sent to their inbox but the user has to accept their request to see the message.

INFLUENCER CULTURE

Influencers are sometimes paid thousands of pounds to promote a product, service, app or even their own social media. When an influencer or influencer post such as an advert, they should add a disclaimer somewhere in the post which states that they have been paid for it. Commonly, this is well hidden in the hashtag or in the comments of their post, making it unclear that their photo/video is actually an advert. This can be very misleading to young people who may be influenced by a buying habit by something promoted by somebody they admire. Dr Jennifer Marshall, a psychology professor from Federation University Australia, said that social media and influencer culture can sometimes lead us to "decide a false sense of what everyone else is doing" and that this "can definitely have a negative effect on our mental health and well-being".

DAMAGE TO CONFIDENCE, BODY IMAGE & MENTAL HEALTH

In a recent report by the NSPCC, Instagram was ranked the worst for young people's mental health. Using filters on photos on Instagram, can lead to unrealistic expectations and create feelings of inadequacy. Children may strive for more 'likes' by using realistically edited photos. Judging themselves against other users on the app might threaten their confidence or self-worth. In early 2019, Instagram boss Adam Mosseri promised to ban images of self-harm, following the suicide of 14-year-old Molly Russell, who had reportedly been looking at such content on the platform.

LIVE STREAMING TO STRANGERS

Live streaming on Instagram allows users to connect with friends and followers in real-time and comment on videos during broadcast, but this feature can be turned off. If your child's account is private, only their approved followers can see their story. It's important to note they may have accepted a friend request from someone they don't know, which means they could be live streaming to strangers. Children also risk sharing content they later regret, which could be shared online for years to come. Public accounts allow anybody to stream, so we suggest your child should follow the 'Don't Know' in February 2019, the NSPCC demanded an end to live streaming on Instagram's 'Tallied self-regulation' after it was revealed grooming and abuse via the app had more than tripled. 3,000 cases of sexual communication with children, some as young as 5, took place in 18 months.

IN-APP PAYMENTS - Instagram allows payments for products directly through the app. It operates under the same rules as Facebook Payments, which state that if you are under the age of 18, you can only use this feature with the involvement of a parent or guardian.

EXPOSING LOCATION

Public locations can be added to a user's photos/videos and also to their stories. While this may seem like a good idea at the time, it can expose the location of your child. This is particularly more of a risk if it is on their story, as it is real-time. Posting photos and videos in Instagram's biggest selling point, but with sharing images comes risks. A photo which includes landmarks in the area, their school uniforms, street names, house and more tagging in the location of the photo uploaded to Instagram can expose the child's location, making it easy to locate them. If their account is not set to private, anyone can access their account and see their location.

HIJACKED HASHTAGS

Like Twitter, hashtags are also an extremely prominent tool in Instagram and with that comes dangers for your child. One person may use a seemingly innocent hashtag with one particular thing in mind, and before you know it hundreds of people could be using the same hashtag for something inappropriate or dangerous that your child certainly shouldn't be exposed to.

IGTV

Instagram TV (IGTV) works similarly to YouTube. Users can watch videos from famous accounts on the platform, or create their own channel and post their own videos. It's important to note anyone can create an Instagram TV channel and doesn't have to be friends with a person to follow an account and watch their videos. In 2018 Instagram apologised and removed some of its TV content which featured sexually suggestive imagery of children. As the feature may encourage spending more time using the app, it's important to set time limits to avoid children's sleep or school life being disturbed.

Top Tips for Parents

RESTRICT DIRECT MESSAGES

If your child receives a message from somebody they do not know, encourage them not to accept their message request and 'block' this person; this is the only way to stop them messaging your child again.

LOOK OUT FOR #ADS

In January 2019, the UK's Competition and Markets Authority launched an investigation into celebrities who were posting adverts on social media and not declaring that they were paid for. Influencers must clearly state that they have been paid for their posts, for example using a hashtag like #ad or #sponsored. Teach your child to look out for the signs of a paid post and discuss with them that not everything they see from celebrities is their personal choice and opinion.

REMOVE PAYMENT METHODS

If you are happy for your child to have a card associated with their Instagram account, we suggest adding a PIN which needs to be entered before making a payment; this will also help prevent unauthorised purchases. This can be added in the payment settings tab.

SCROLLING

Instagram added a 'You're completely caught up' message in late 2018. This message breaks up the feed and notifies you when you are up to date and there are no more new posts from followers. This feature is enabled automatically, but have the conversation with your child about how much time they are spending on the app and set healthy time limits.

PROTECT THEIR PERSONAL INFORMATION

Your child may unknowingly give away personal information on their profile or in their live streams. Talk to them about what their personal information is and make sure that they do not disclose anything to anyone during a live stream, comment, direct message or any other tool for communication on the platform, even to their friends.

USE A PRIVATE ACCOUNT

By default, any image or video your child uploads to Instagram is visible to anyone. A private account means that you have to approve a request if somebody wants to follow you and only people you approve will see your posts and videos.

FILTER INAPPROPRIATE COMMENTS

Instagram has an 'anti-bullying' filter, which hides comments relating to a person's appearance or character, as well as threats to a person's wellbeing or health. The filter will also alert Instagram to repeated problems so they can take action against the user if necessary. This is an automatic filter, but it can be turned off. Make sure it is turned on in the app's settings.

TURN OFF SHARING

Even though this feature will not stop people from taking screenshots, it will stop others being able to directly share photos and videos from a story as a message to another user. This feature can be turned off in the settings. We also recommend turning off the feature which automatically shares photos and videos from a story to a Facebook account.

DON'T FORGET TO BE VIGILANT & TALK TO YOUR CHILD ABOUT THEIR ONLINE ACTIVITIES!

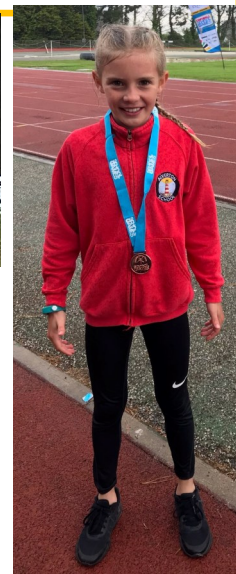
OR MENTION

Source:

NSPCC (2019) Instagram: A guide for parents. Available from: www.nspcc.org.uk/keeping-children-safe/online-safety/instagram-a-guide-for-parents/ [Accessed 22/05/18].

Athletics success

Thirty of our Key Stage 2 children went to Carn Brea on Tuesday on what was a very wet and cold day. They took part in a variety of events during the day including throwing, jumping and running. They did very well, came fifth out of eleven schools and some of our team won fantastic individual medals. Well done to them all. Thank you very much to Mrs Mooney who helped us transport the children.



Trees!

Sadly we have lost three mature trees from the school grounds due to rot in their main trunks. This was identified in a recent specialist tree survey and the work to fell them was done as a matter of health and safety. One of the trees has been left as complete as possible. Over the next few years the rotting wood, holes and fungus will be marvellous for our school's biodiversity. All the wood cut down has been left on site and will be used for outdoor learning, eg new seats for the fire circle, a big log pile as home for insects, poles for our next year's new quiet spaces, lots of den building material, etc. It is very sad to lose the trees but amazing to have had them provide us with so much. A new batch of baby trees will be arriving in November.

Club cancellations

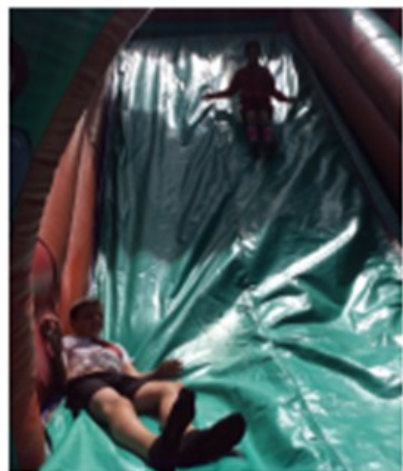
Roller skating skills will be cancelled on **Wednesday 26th June** as both Mrs Lowell and Mrs Ching are away. Last one is next week on 19th June.

ALL Clubs including Fun Fit on Tuesdays but except Jump Dance finish next week (week ending Friday 28th June).

Extreme Reading Competition

Due to high demand, we have extended the deadline for the Extreme Reading competition to Friday 28th June. Please send your entries to extremereading@alverton.cornwall.sch.uk

Prizes for the best entries!



A Cornish Country Garden Summer Fair

garden-inspired activities

bbq

arts and crafts

hook the duck

bouncy castle

cream teas

ice creams

Pimms

face painting

zorbing

henna tattoos

live music

water splat



Alverton Primary School

Friday 5th July 2019

3.15 - 5.00pm

Wristbands £2.50 (ages 4 to 13)

FOAS Summer Fair - Friday 5th July

Help wanted!

Can you help on the day of the Fair itself? We need people to help set up, man the stalls and clear up afterwards. If you can offer even an hour of your time we would be very grateful. Please let the office have your name and a contact number. Thank you very much.

Raffle tickets

We are waiting for raffle ticket to arrive from the printers. As soon as we have them, we will send home a book of raffle tickets with your eldest child. Please sell them if you can and return the stubs and money to the office. If you can't, please just return any unsold books or tickets.

Raffle prizes

We would also be very grateful for any raffle prizes for the Summer Fair. Items such as wine, chocolates, vouchers for hair or beauty, cafes, etc or any other quality things that you would be pleased to win in a raffle would very gratefully received. Please drop them into the office.

Egg boxes wanted!

Please save any empty egg boxes for the fair. If you have any, please drop them in at the office. Thank you for your



The Little Mermaid Show Photos

Mr Keast has taken some amazing photos of the Little Mermaid performances and performers. These are now ready and if you would like to buy any copies, please ask at the office for the photo folder and chose which you'd like. The cost is £1 per photo. Please order and pay (cash only please) by **Wednesday 26th June** at the latest.



Twitter

Don't forget to follow us on Twitter @alvertonschool to keep up-to-date with all the exciting things that are going on.



Need a chat?

Come and have a cup of tea with Mrs Daylak if you have any questions or concerns about anything which might be affecting your child in school. You can find her any Monday to Thursday after school until 4pm. If you would rather make an appointment, please ask the office. She might even find you a biscuit to go with your tea!



STAFF VS PUPILS & PARENTS CRICKET MATCH

WHEN
Thursday 27th June 2019

WHERE
Penzance Cricket Club,
Laity Way,
Penzance.
TR18 2SU

3.30PM
MEET

MATCH
4.00PM
-
5.30PM

FREE ENTRY
ATTENDING THE
GAME WILL GAIN
YOU FREE ENTRY
TO PENZANCE 1ST
XI GAME THAT
EVENING

BAR OPEN
ALL EVENING!

Sports Day reminder

The new dates for Sports Days are:

Monday 24th June - KS1

Tuesday 2nd July - KS2

If you are able to come and watch, each one starts at 1.30pm on the school field and we'd be pleased to see you. There will be refreshments for sale at the KS2 Sports Day in aid of school funds.

Café Day

A big thank you to everyone who donated cakes and came along to the Reception's amazing Café Day yesterday. They raised **£204** which will be put towards EYFS funds.



One + all | we care

NHS
Royal Cornwall Hospitals
NHS Trust

**Not sure what to do
when your child is unwell?**

Download the **free**
HANDi Paediatric app
and get expert advice,
support and guidance
for common childhood illnesses.



Go Active summer holiday club

Go Active is running a day's holiday club on Wednesdays in August from 9am-3pm at school at a cost of £12 per child. **This is only open to children currently on roll at Alverton School - sorry no older or younger siblings or friends and relations.** For more information, please contact Mr Timmons on 07843 126833 or ask for a letter at the office. Booking with payment must be made by Monday 22nd July.



GO ACTIVE
SUMMER HOLIDAY CLUBS @ Alverton
EVERY WEDNESDAY IN AUGUST!!!



Only £12.00 for the day!

Go Active Cornwall run holiday clubs with a difference for children aged 5 - 14 years old. We have the biggest range of sports and activities in the UK – activities may include Nerf Guns, Bubble Football, Archery & Crossbows and more! As parents/Guardians of Alverton Primary School you are entitled to a **EXCLUSIVE** access to this affordable childcare provision.

| Location & Timings | Alverton Primary School – 9.00am to 3.00pm |
|-------------------------|---|
| Dates & Prices | Wednesday 7 th August (£12.00) Wednesday 14 th August (£12.00) Wednesday 21 st August (£12.00) Wednesday 28 th August (£12.00) |
| SPECIAL SUMMER OFFER!!! | ALL 4 DATES FOR JUST £40.00!!! |
| What to Bring | <ul style="list-style-type: none"> Suitable clothing for sports, trainers, spare clothes. Packed Lunch, Morning Snack, Plenty of water. |



If you would like your child to attend any/all of the days stated, please complete this form and hand this in to the school office with payment by Monday 22nd July 2019 **(Cash payments only)**

| Please tick the boxes of the date(s) you would like to book. | | | |
|--|--------------------------|--|--------------------------|
| Wednesday 7 th August (£12.00) | <input type="checkbox"/> | Wednesday 14 th August (£12.00) | <input type="checkbox"/> |
| Wednesday 21 st August (£12.00) | <input type="checkbox"/> | Wednesday 28 th August (£12.00) | <input type="checkbox"/> |
| ALL 4 DATES FOR JUST £40.00!!! <input type="checkbox"/> | | | |

Child's Name DOB..... Age..... M/F

Medical Information..... Walk home? Yes / No

Parent/Carer's Name.....

Parent/Carer's Email (Please write clearly if you wish to be informed of future holiday clubs).....

Emergency Contact Number..... Password for Collection

By signing this form I agree to Go Active Cornwall Ltd's Terms & Conditions and Policies as stated on www.go-active.org, authorise coaching staff to administer or approve any medical treatment deemed necessary. I agree that continual disruption to the learning of others by an individual may result in removal from the course. I also consent to Go Active Cornwall Ltd taking & using photographs for promotional purposes only which include my child/children participating in Go Active coaching sessions.

Signed: Parent/Guardian.....

STARS OF THE WEEK

| | | |
|-------------|----------|---|
| Robins | Amelia | for settling in so well |
| & Choughs | Blake | for being a super young man & all round star |
| Puffins | Lily | for wonderful creative writing ideas |
| | Bea W | for wonderful creative writing ideas |
| Owls | Isobel | for super efforts in her writing this week |
| | Teddy | for super efforts in his writing this week |
| | Tyler | for super efforts in his writing this week |
| Kingfishers | Leona | for super story writing this week |
| | Zack | for super story writing this week |
| | Isaac | for super story writing this week |
| Trencrom | Phoebe | for being a wonderful member of Trencrom class |
| | Zac N | for writing an excellent information text |
| Lanyon | Lauren | for being such a wonderfully helpful member of Lanyon class |
| | Ruby Mi | for choosing incredible vocabulary to improve her writing on sun safety |
| Kerris | Lexi | for mastering telling the time to the nearest minute |
| | Verity | for trying incredibly hard to improve her times tables |
| Bodriftly | Dex | for being such a supportive friend on camp |
| | Ruan | for overcoming his fears & showing true grit on camp |
| Bosigran | Ava | for consistently giving 100% in everything she does |
| | Arthur T | for great teamwork and friendship building last week |
| Kenidjack | Jorja | for great teamwork painting the benches |
| | Ellie | for great teamwork painting the benches |
| Dinnertime | Abigail | for always being polite and well mannered |
| PE Star | Molly | for a fantastic swimming result for her club |
| | Olivia | for being a fantastic role model in sport |



CLASS ATTENDANCE THIS WEEK

| | | |
|---------------------------|-------|----|
| Choughs | 88.6% | 11 |
| Robins | 93.0% | 7 |
| Puffins | 91.7% | 10 |
| Owls | 92.9% | 8 |
| Kingfishers | 95.2% | 6 |
| Trencrom | 96.6% | 4 |
| Lanyon | 96.6% | 4 |
| Kerris | 97.4% | 2 |
| Bodriftly | 98.9% | 1 |
| Bosigran | 96.7% | 3 |
| Kenidjack | 92.2% | 9 |
| Overall school attendance | 94.8% | |

Our collective target is 96.5%

DIARY DATES

June

| | |
|------------------|--|
| 24th | KS1 Sports Day - NEW DATE |
| 27 th | Alverton Mazey Parade at 9.30am (followed by refreshments for children on the field) |
| 29 th | Mazey Day Parade – time of parade to be confirmed |
| 28 th | All clubs finish today |

July

| | |
|------------------------------------|---|
| 2nd | KS2 Sports Day - NEW DATE |
| 4 th | Y5 Assembly at 2.45pm |
| 5 th | Guitars and keyboards finish today |
| 5 th | FOAS Summer Fair – more details to follow |
| 9 th | Y6 Transition Day at Mounts Bay or Humphry Davy |
| 10 th -12 th | Y6 London trip |

