

PARENTING PROGRAMME



September – December 2015

***************************** * FREE COURSES & SUPPORT for PARENTS, CARERS & FAMILIES For further information please contact Villy Colman on À 01736 759058 or 07483 166569

Penzance

Here's looking at you, Little One (6 - 18 months) Penzance Children's Centre: Daisy Room Friday 6th Nov till 18th Dec, 10 11.30am To book or for more information contact Debbie on 01736 759058

Speakeasy

Penzance Children's Centre: Dalsy Room Friday 11th Sept till 23rd Oct, 9.30am 11.30am To book call Kath Dabrowski on 01736 334850

Incredible Years Group Penzance Children's Centre: Dalsy Room Monday 21st Sept till 30th Nov, 9.30am 11.30am Term Time Only

Great Expectations – 2 x Antenatal Classes Penzance Children's Centre: Dalsy Room Monday 7th Sept till 12th Oct, 5pm 7pm Friday 6th Nov till 11th Dec, 1pm 3pm To book call Kath Dabrowski on 01736 334850

TIME OUT

For Parents of Children with ASD Penzance One Stop Shop: The Board Room Monday 21st Sept till 30th Nov. 9.30am 11.30am Term Time Only

TAKE 3: Coping with Teenagers Penzance One Stop Shop: The Board Room Thursday 24th Sept till 3rd Dec, 9.30am 11.30am Term Time Only

Family Learning

Fun activities for Parents, any under 5's can come too! Penzance Children's Centre: The Gym Every Wednesday, 9.30am 11.30am Term Time Only For information call Sara Olivier on 07973 813861

Also in Penzance

Challenging Behaviours Peer Support Group Monthly drop in with a Speaker: support, advice & info for Parents and/or Carers worrled about ADHD, ADD and ASD. No diagnosis required.

Penzance One Stop Shop: The Boardroom Tuesday 25th Aug, 29th Sept, 9.30am 11.30am

Then at St. Johns Hall, Penzance Tuesday 20th Oct, 24th Nov, 15th Dec, 10.00am 12pm

Cornwall College: Young Mums Will Achieve For young mums from age 14 up to 19 every Weds and Fri 9.15am to 4.30pm at Marazion Community Centre Crèches provided by Fit N Fun Kids For information call Kath Dabrowski on 01736334850

Hayle

Here's Looking at You Baby Hayle Children's Centre: Crèche Friday 18th Sep till 6th Nov. 10 12pm To book or for information call Debbie on 01736 759058

Here's looking at you, Little One (6 – 18 months) Hayle Children's Centre: Play Room Friday 18th Sep till 30th Oct, 1 2.30pm To book or for information call Debbie on 01736 759058

TIME OUT

For Parents of Children with ADHD Havle Children's Centre: The Beach Hut Thursday 8th Oct till 17th Dec, 10am 12pm Term Time Only

St Ives

Great Expectations - Antenatal Class St Ives Children's Centre: Lowen Room Tuesday 29th Sept till 3rd Nov, 4 6pm To book call Sue Scammell on 01736 759058

For Parenting Course information and request forms online go to: cornwall.childrensservicedirectory.org.uk Search "Parenting Course," and click on any course for the booking form on the right. Complete, save and email to Villy Colman: Children's Centre Cluster Manager at vcolman@cornwall.gov.uk or post to Hayle Children's Centre, Bodriggy Street, Hayle TR27 4ND

You can also get information and course request forms from your local Children's Centre













