

Government advice - Coronavirus

Please see the attached letter with the latest advice from the Government and our Trust as regards the Coronavirus. We received this prior to the COBRA meeting yesterday so the information it contains may now be superceded. We will send any further letters to you as we receive them. This has also gone home on paper. Other information can be found on the Government website:

www.gov.uk/coronavirus

You can also phone the Education Coronavirus Helpline:

0800 046 8687 (opening hours: 8am to 6pm Monday to Friday)

Sporting news

Swimming success

Our Year 5 and 6 team went to Penzance Leisure Centre for the annual swimming gala this week and did a wonderful job of representing the school. There were some fantastic performances which led to both our Year 5 girls and boys teams coming first and the whole team coming second overall out of twenty schools! Mr Timmons and Mrs Petty who accompanied the team were delighted with the team spirit and enthusiasm they showed. Well done to them all. The team was: Scarlet, Esme, Phoebe, Rex, Zac M, Seb, Logan R, Finn, Fred S, Ruby R, Agnes and Izzy H.

Girls Football

Our football team went to Marazion School yesterday to play in the semi final of the girls Cup. They played a fantastic game with some amazing goals from Nelly (2), Flic and Esme and the final score was a win for us 4-0! A huge well done to all the team for their determination and team spirit. The team was: Flic, Poppy V, Esme, Nelly, Phoebe, Maisie, Milly, Amy W, Eia and Taja. Mr Hammond is incredibly proud of everybody.

Contact numbers and email addresses

It is very important that for emergency purposes and effective communication that we have an up-to-date mobile number and email address for you. If you are unsure about the information we have for you, please check with the school office.

Online safety

Please see the information below with some excellent advice about online bullying. We will be publishing a different information page each week. All this information can be found on the National Online Safety website (a link to which can be found on our website).

What children need to know about

ONLINE BULLYING



What is online bullying?

ONLINE BULLYING – ALSO KNOWN AS CYBERBULLYING – IS BULLYING THAT TAKES PLACE ON THE INTERNET OR VIA ELECTRONIC DEVICES AND MOBILE PHONES. IT CAN INCLUDE:

1. SENDING SOMEONE MEAN OR THREATENING EMAILS, DIRECT MESSAGES OR TEXT MESSAGES
2. HACKING INTO SOMEONE'S ONLINE ACCOUNT
3. BEING RUDE OR MEAN TO SOMEONE WHEN PLAYING ONLINE GAMES
4. POSTING PRIVATE OR EMBARRASSING PHOTOS ONLINE OR SENDING THEM TO OTHERS
5. CREATING FAKE SOCIAL MEDIA ACCOUNTS THAT MOCK SOMEONE OR TRICK THEM
6. EXCLUDING SOMEONE FROM AN ONLINE CONVERSATION OR BLOCKING THEM FOR NO REASON

BE KIND ONLINE

BEFORE PRESSING 'SEND' ON COMMENTS, ASK YOURSELF THESE 3 QUESTIONS...

1. WHY AM I POSTING THIS?
2. WOULD I SAY THIS IN REAL LIFE?
3. HOW WOULD I FEEL IF SOMEBODY SAID THIS TO ME?



National
Online
Safety

#WakeUpWednesday



Why does it happen?

GOING ONLINE MAKES IT EASIER FOR PEOPLE TO SAY AND DO THINGS THEY PROBABLY WOULDN'T DO FACE TO FACE. ONLINE BULLIES DON'T GET TO SEE THEIR VICTIMS' REACTIONS IN REAL LIFE, SO THIS CAN COOON THEM FROM THE REAL DAMAGE THAT THEY ARE DOING. QUITE OFTEN, PEOPLE BULLY BECAUSE THEY ARE GOING THROUGH SOMETHING DIFFICULT THEMSELVES AND TAKING IT OUT ON OTHERS IS THE ONLY WAY THEY KNOW HOW TO GET CONTROL OF THEIR OWN EMOTIONS.

How does it feel to be bullied?

BEING BULLIED CAN IMPACT ON YOUR SELF-ESTEEM, CONFIDENCE AND SOCIAL SKILLS. BECAUSE IT HAPPENS ON YOUR PHONE, TABLET OR COMPUTER, IT CAN FEEL LIKE YOU ARE UNDER THREAT EVEN WHEN YOU'RE IN A SAFE ENVIRONMENT, SUCH AS YOUR BEDROOM. DON'T FORGET...IT IS NOT YOUR FAULT IF YOU'RE BEING BULLIED.



Am I an online bully?

SOMETIMES IT ISN'T OBVIOUS THAT WHAT YOU ARE DOING IS WRONG, BUT IF YOU USE DIGITAL TECHNOLOGY TO UPSET, ANGER OR EMBARRASS SOMEONE ON PURPOSE, THIS MEANS YOU'RE INVOLVED IN ONLINE BULLYING. IT MIGHT BE AS SIMPLE AS 'LIVING' A MEAN POST, LAUGHING AT AN ONLINE VIDEO, OR SPREADING A RUMOUR, BUT THE PERSON BEING BULLIED COULD FEEL LIKE THEY ARE BEING GANGED UP ON. THINK ABOUT HOW IT WOULD MAKE YOU FEEL IF IT HAPPENED TO YOU. EVERYONE CAN MAKE MISTAKES, BUT IT'S IMPORTANT TO LEARN FROM THEM – GO BACK AND DELETE ANY UPSETTING OR NASTY POSTS, TWEETS OR COMMENTS YOU'VE WRITTEN.

Who do I tell?

YOU DON'T HAVE TO DEAL WITH THE BULLYING ON YOUR OWN. TALK TO AN ADULT THAT YOU TRUST – A PARENT, GUARDIAN, OR TEACHER. MOST WEBSITES, SOCIAL MEDIA WEBSITES AND ONLINE GAMES OR MOBILE APPS LET YOU REPORT AND BLOCK PEOPLE WHO ARE BOTHERING YOU. YOU COULD ALSO CONTACT CHILDLINE (WWW.CHILDLINE.ORG.UK), WHERE A TRAINED COUNSELLOR WILL LISTEN TO ANYTHING THAT'S WORRYING YOU – YOU DON'T EVEN HAVE TO GIVE YOUR NAME.



How do I prove it?

WHEN CYBERBULLYING HAPPENS, IT IS IMPORTANT TO DOCUMENT AND REPORT THE BEHAVIOUR, SO IT CAN BE ADDRESSED – RECORD THE DATES AND TIMES WHEN CYBERBULLYING HAS OCCURRED, AND SAVE AND PRINT SCREENSHOTS, EMAILS, AND TEXT MESSAGES.



How can I stay safe?

MAKE SURE YOUR PRIVACY SETTINGS ARE SET SO THAT ONLY PEOPLE YOU KNOW AND TRUST CAN SEE WHAT YOU POST. NEVER GIVE OUT PERSONAL INFORMATION ONLINE, SUCH AS IN PUBLIC PROFILES, CHAT ROOMS OR BLOGS, AND AVOID FURTHER COMMUNICATION WITH THOSE SENDING THE MESSAGES. KEEP AWARE OF FAKE PROFILES AND INTERNET USERS PRETENDING TO BE SOMEONE THAT THEY ARE NOT.



Mini Book Fair

Following the success of our mini Book Fair in January, next week we will be holding another one within the school day so that children who wish to use their bookbank cheques or cash can do so to buy a book or stationery. If you would like to send your child in with cash, please put it in a named envelope on the day their class is going along and hand it to the teacher.

Monday 16th KS1 (Year 1 and 2)

Tuesday 17th EYFS (Reception)

Wednesday 18th UKS2 (Year 5 and 6)

Thursday 19th LKS2 (Year 3 and 4)



KS1 Mexican Fiesta

All KS1 parents are invited to our Mexican Fiesta next **Wednesday 18th March** from 2.30-4pm in the hall. This will be a chance for you to see your child's work, be entertained and have some Mexican food and drink.



Clubs

ALL clubs finish next **Friday 20th March** for this term. New club letters will come home after Easter.

Dance club has now finished.

Year 6 London trip - July 2020

There will be a meeting about the Year 6 London trip **next Tuesday 17th March at 3.15pm** in Kenidjack classroom. Please try to attend if you can.

Easter competitions

Don't forget the deadline for entries for the Easter competitions is **Wednesday 25th March** in the morning.

The categories are as follows:

EYFS – Woodland, Choughs and Robins

Make an Easter card

KS1 – Y1 and Y2 in Puffins, Owls and Kingfishers

Create a nest for an Easter chick

KS2— Tren crom, Lanyon, Kerris, Bodrifty, Bosigran and Kenidjack

Decorate a real egg inspired by somebody famous or a book character

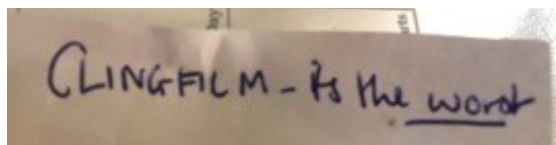
Summer menu

Caterlink's new menu starting after Easter is attached and is also on our website. A printed copy will be coming home as soon as we receive them.

Daisy's Diary

Top Tip Tips no.3

So, on my notes from our visit to St Austell recycling centre I have written -



And it really is! Emma from the centre said they just can't recycle it at all, it's small and fiddly and full of bits of food. Even if you cleaned it and collected it all together it's made from different chemicals that can't be separated to use again.

So it really is a single use plastic. After it's been made (often miles away and then shipped here), and used once, it then has to go to landfill in the UK or, like here in Cornwall, is burnt. But lots is ending up in the sea, and floating around looking like jellyfish for the turtles to eat, or falling apart into tiny bits of plastic for fish to nibble on. It's just RUBBISH.

But there are lots of alternatives.

SANDWICH WRAPS.



If you use cling film in lunch boxes like this –

The alternatives are –



Wrap it up in some greaseproof paper/ baking parchment. You can wipe and reuse a few times. This is some clever folding technique from Pinterest but I just bung an elastic band on because that's too tricky for me!



Buy a reusable sandwich wrapper. There's loads of different ones now. They are expensive but they last and are easy to clean, the beeswax ones can be reconditioned if they get a bit manky, and they are soft enough to stick or sew a name tag on. Archie Browns sell a selection, some made in Cornwall. Toby's mum, Tamsin, makes the beautiful Poppy Treffry ones and last year she sewed 3000 of them! This year she's done 1000 and still counting.

Top Tip Tips no.3 - continued

Put the sarnies in their own little box that you use everyday. And this is free if you save your takeaway boxes.



If you need to buy a new lunch box you could get one with sections so there's no need to wrap anything. And then put a cheese star on things and cut up perfect squares of fruit to put in it as obviously we've all got time for that **and** the school run... look online at "Bento boxes" for this type of thing.

Every year the UK uses enough cling film to go around the Earth 30 times. I have no idea how they worked this out or where this 'fact' comes from – but even if they are totally over egging the pudding and it only goes round 20 times that's a stupid amount of cling film....

Let me know if you have your own alternatives. And if you really do have time to make tiny perfect cheese star toppings, perhaps you might have time to come help me plan how our pupils could learn to make their own reusable wrappers (maybe the pretty beeswax ones?).

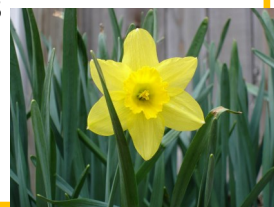
Year 6 London trip - July 2020

A reminder that ALL payments for Year 6 London trip (£310 total) need to be made by 14th April at the latest.

Full payment is needed by the above date. If it is not paid in full by this date, we will cancel your child's place and refund any money you have already paid (less the deposit) with immediate effect.

Spring Show success

Thank you to all the children who made entries for the West Cornwall Spring Show last weekend. There were some amazing creations on show. A number were awarded gold and silver medals for their work. Well done to them all.



Year 3 and Year 4 camp information sessions

Year 3 Eden camp

3.30pm on **Wednesday 18th March** in Lanyon classroom.

Year 4 Bude camp

8.15am on **Thursday 19th March** in Lanyon classroom.

Please come along for more information and to ask any questions.



FOAS Easter Disco Thursday 19th March

EYFS & KS1 5-6pm

KS2 6.15-7.15pm

Cost £1.50 to include a drink & small Easter egg.

A reminder to please ensure that you collect your child at the end of the Disco from the reception area as we cannot allow them go outside to meet you in Toltuff Crescent.

FOAS would be very grateful for any volunteers who would be able to help with either or both Discos on the night. Please let the office know.



Sport Relief

Thank you very much to everyone who sent in a donation for Sport Relief. We had great fun trying out different sports and activities and raised £190. Photos in next week's newsletter.



Lost property

A reminder that we will be emptying the lost property box again on **Friday 27th March** and sending all un-named items to the charity shop. If you're missing anything please come in after school to check in the box which is situated in the hall. Each half term we send at least 2 bin liners full of clothes to charity, mostly consisting of red cardigans and jumpers.

Need a chat?

Come and have a cup of tea with Mrs Daylak if you have any questions or concerns about anything which might be affecting your child in school. You can find her any Monday to Thursday after school until 4pm. If you would rather make an appointment, please ask the office. She might even find you a biscuit to go with your tea!




STARS OF THE WEEK

Chobins	Paloma	for having perfect manners, lovely ways & a positive attitude to school
	Violet	for being a delightful member of Chobins
Puffins	Freya	for her detailed fact file on Mexico
	Charlotte	for her hard work and effort in all her work
Owls	Jai	for such amazing enthusiasm for everything he does
Kingfishers	Joe	for such a great improvement in his behaviour this week
Trencrom	Leona	for fantastic reading and listening all week
Lanyon	Hazel	for producing some fantastic geography
Kerris	Poppy	for being a super helper and helping Mrs Casson settle in
Bodrifty	Finn	for proving that he can achieve excellent results in Maths
Bosigran	Jonah	for amazing Maths all week—keep it up!
Kenidjack	Dexter	for a brilliant attitude to his work & his determination to progress
Dinnertime	Jamie	for always having superb manners
PE Star	Flic	for her fantastic display at the football match
Breakfast Club	Eleanor	for being so helpful at tidying up at Breakfast Club



CLASS ATTENDANCE THIS WEEK

Choughs	97.0%	4
Robins	95.0%	10
Puffins	95.4%	9
Owls	94.3%	11
Kingfishers	95.7%	7
Trencrom	96.1%	6
Lanyon	96.5%	5
Kerris	95.5%	8
Bodrifty 	97.6%	1
Bosigran	97.5%	2
Kenidjack	97.1%	3
Overall school attendance	96.2%	

Our collective target is 96.5%

Twitter

Don't forget to follow us on Twitter @alvertonschool to keep up-to-date with all the exciting things that are going on.



DIARY DATES

March

19th FOAS Easter Disco – details to follow

20th **All clubs finish**

20th All music lessons finish

25th Last swimming for Year 5

FRIDAY 27th MARCH SCHOOL CLOSSES AT 3.15pm (normal time) FOR THE EASTER HOLIDAY

SUMMER TERM BEGINS ON TUESDAY 14th APRIL at 9am

