



A Parent Guide to Supporting Pupils who are Self-Isolating

The key symptoms of possible infection with Covid 19 are:

- A high temperature
- A new, persistent cough
- A change or loss of taste or smell

If you or someone in your household has Covid 19 symptoms - What happens next?

- Your child and all members of the household must now self-isolate and need to take a Covid 19 test as soon as possible. Whilst you are waiting for the test results, your child and their siblings must self-isolate and must not attend school.
- You will need to phone the NHS testing service the same day as symptoms arise to arrange for a test at the first possible opportunity. The phone number to call is 119 or you can book online at <https://www.gov.uk/get-coronavirus-test>. The aim is to have tests available within 24 hours.
- You will need to inform the school of the date of your child's test.
- When you receive the results of the test (usually within 48 hours and often within 24 hours), please inform the school immediately.
- If your child's test result is negative, your child may immediately return to school, providing they are well enough to do so.
- If your child's test result is positive, they must remain at home for a minimum period of 10 days and may only return to school at the end of this period providing their temperature has returned to normal. Pupils must continue to self-isolate until this time.
- Pupils who continue to experience a loss of taste or smell and / or a cough do not need to continue to self-isolate beyond the 10 day period providing their temperature is normal.
- It is essential that the school is informed of any positive test result as a matter of urgency in order that we can minimise the risk of infection to other pupils and staff.

What school work will be provided during self-isolation?

- When you contact the school to tell us your child is self-isolating, please make sure you also confirm that you have IT facilities at home to give access to our online learning provision.
- On the first day of self-isolation, your child will be given a pack of work to cover their ten (school) day isolation period.
- Your child's teacher will contact you should other work be available online. This work would be set using Showbie, the school's website or Tapestry, depending on your child's age.
- During the self-isolation period, you can contact your child's class teachers by the email address previously advised (ie classname@alverton.cornwall.sch.uk).
- The pack needs to be returned to school when your child returns, including any tasks that have not yet been completed and any work your child has done.
- If applicable, your child will be able to borrow an iPad for their home learning as long as we have a signed Device Loan Agreement in place.

What additional support can my child access if they have special educational needs?

If your child has special educational needs then we will do our best to ensure that your child can access the work and has the support they need whilst they are self-isolating. Parents with questions can contact their child's class teacher or Mrs Hughes, our SENDCo.

What other support can the school provide?

If you have concerns about your child's welfare or wellbeing whilst they are self-isolating, parents should contact either their class teacher for advice or our Safeguarding Lead Martin Higgs.

We hope that this guide helps to answer your questions and that your child is soon recovered and well enough to attend school. Please don't hesitate to contact us if we can be of any further help or provide any additional support.