

Physical Education Curriculum Statement

Intent

At Alverton School we recognise and value the importance of Physical Education. We fully adhere to the aims of the national curriculum for physical education to ensure that all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

Our vision is to ensure that all children enjoy Physical Education and Sport. Through Physical Education, we aim to develop the children's understanding of the importance of health and well-being, to promote active participation in PE lessons and to develop a lifelong love of being physically active.

Implementation

At Alverton Primary School, we believe that PE and school sport play an important role in making our vision statement a reality for every pupil, with the potential to change young people's lives for the better. As part of the 2012 Olympic legacy and with the PE Premium funding, we aim to offer every pupil active time during the school day whether through PE lessons, extra-curricular activities or during breaks and lunchtimes.

PE can increase self-esteem and confidence and we want to harness this within other lessons, directly teaching and recognising the importance and benefits of being physically active. We are committed to using our Sports Premium funding to develop high-quality PE lessons, alongside offering greater opportunities for sporting competitions and clubs for all our young people. We have an effective programme of CPD which aims to offer staff new skills and increased confidence when delivering school sport. As well as this, we will continue to build links with community clubs to provide an essential exit route for the most able pupils.

Through robust assessment, we have identified groups of pupils, such as our Key Stage 2 girls, who require extra support in developing key skills and motivation. Our curriculum therefore reflects this need. In Key Stage 1, we work to develop basic, fundamental movement skills which will allow pupils to participate in a wide range of sports and activities once they reach Key Stage 2. We offer both traditional sports such as hockey, netball and football as well as alternative sports such as boccia, urban polo and fencing. Through the development of skills and understanding of rules and teamwork, we aim to see an increased participation in competitive sport.

Swimming and water sports are developed from Years 2 - 6 with a heavy focus being placed upon water safety and life-saving skills. We have high expectations for all pupils and offer an intensive intervention programme for those who do not meet the required level. Our highly skilled sports coach works closely with the PE Lead to ensure that all programmes, interventions and delivery of PE lessons are challenging, improve key skills and promote the benefits of leading a healthy, active lifestyle.

In the EYFS, children are taught to follow simple instructions, take part in simple team games, ball skills, early gymnastic skills and dance. They have one taught session per week in the school hall but a myriad of opportunities to practice their skills in the EYFS learning environment where they have access to balance bikes, climbing equipment and a range of resources to enhance the provision.

Impact

PE is recognised, taught and celebrated at Alverton as the basis for developing a lifelong love of being physically active. Through offering a wide variety of after school clubs, entering all local leagues and competitions and providing sports days and intra-school competitions, every child has the opportunity to compete and take part in a variety of sporting events.

We are very successful in a range of sporting events and have won several local and County competitions in a variety of sports. We equally celebrate participation events which have an enormously positive impact on the self-esteem, pride and motivation of the children taking part.

Our high-quality PE curriculum and opportunities offered have led to us achieving the School Games Gold Award for three successive years. As well as this, our Girls Active programme has been locally and nationally recognised, meaning that the opportunities we have provided, and will continue to provide for our girls, will have a wider impact upon the local community. Our sports leaders lead events at school and broaden the opportunities available to all pupils, especially those who are less active, as well as developing their own leadership skills.

A significant number of our pupils attend local sporting clubs which we celebrate and recognise. These links with local sports clubs and coaches are challenging our most able pupils as well as helping families to integrate physical activity into their weekly routines. We also organise events which encourage families to take part together such as the Race for Life, Parkrun and family cycles.