



22/10/21

FRIDAY NEWS

Nº 7

Dear Parents

We've made it to the end of a relatively normal half-term, and your children have been a credit to you as always! All of the teachers are reporting that their classes are showing really positive attitudes to learning and we have had a half term with no significant behaviour concerns at all. There are few schools I suspect that can make this claim!

Thanks also to everyone who supported the Halloween costume event today; this was of course in lieu of the traditional Halloween Disco, but is at least a small step towards returning to pre-Covid times. The event raised £170 for FOAS and offered the chance for children to dress up and to tell some awful Halloween jokes, my personal favourite coming from Hayden

"What's a Mummy's favourite sort of music?" "Wrap music!"

There have been a handful of positive cases of Covid, although thankfully these appear to be isolated rather than linked or spread within classes. I am grateful to all of our parents for taking such a common sense and pragmatic approach to suspected or confirmed cases within their families as I am sure that this has helped to limit the spread of the virus in school. We are planning to return after the half-term break with the current restrictions remaining in place although we will of course be reviewing these measures as the second half of the Autumn Term progresses.

On behalf of all our staff and Governors we wish everyone a safe and enjoyable half-term. We look forward to seeing everyone again on our first day which will be Tuesday 2nd November 2021 as November 1st is an INSET Day.

Best wishes

Martin Higgs

Safeguarding Newsletter - Autumn Term 2021

All children have a right to be safe and we believe that keeping children safe is everyone's responsibility. This term, our safeguarding newsletter provides information about Peer on Peer Abuse and how you can help protect your children. Please can we ask you to take a few minutes to read this as it is very important and we hope that you will find it informative and useful.

Please follow this link and download the newsletter from this page

<http://www.alverton.org.uk/website/safeguarding/85998>

Remember – safeguarding is everyone's responsibility

If you have a safeguarding concern, please contact Martin Higgs (Designated Safeguarding Lead) at head@alverton.cornwall.sch.uk or, if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;

E-mail: multiagencyreferralunit@cornwall.gov.uk

A reminder that there is no entry into the school buildings apart from into the office foyer area and that, when you are on the site, we would ask you to please wear a mask. Thank you.

INSET Day - Monday 1st November

School will reopen after half term on **Tuesday 2nd November** due to a teacher training day on Monday 1st.

Tempest photographs - update

If you'd like to purchase any photos please use your child's photo proof to go online and follow the instructions about how to order. **The closing date for all orders is Wednesday 27th October at midnight.** Any orders made within 14 days will not incur a postage charge and will be sent back to school.

If you have any queries please contact Tempest Customer Services on 01736 751555.

Disabled parking

A reminder that the disabled parking area in the staff car park is only to be accessed by those parents or visitors who display a disabled badge. All other parents or visitors should park in nearby roads, the Hope Church car park or Lariggan Crescent.

Coronavirus symptoms

The main symptoms are:

A high temperature (hot to the touch on chest or back)

OR

A new, continuous cough (coughing a lot for more than an hour or 3 or more coughing episodes in 24 hours)

OR

A loss or change to your sense of smell or taste (you've noticed you cannot smell or taste anything or things smell or taste different to normal)

If you or your child have any **ONE** or more of these you must get a COVID-19 PCR test as soon as possible and stay at home and do not have visitors— only leave home to get the test. Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result. **Please ring or email the school office as soon as possible to let us know.**

If your child tests positive over the weekend please email
head@alverton.cornwall.sch.uk

You can book at test online at:

<https://www.gov.uk/get-coronavirus-test> or phone the NHS test line 119.

Go Active After School provision

Any queries or to book please contact Mr Timmons direct on 07843 126833 or by emailing him on alvertonkidsclub@outlook.com



Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family
Line

0808 802 6666



0300 123 3393

www.mind.org.uk



Download this image onto your phone for **when you might need help**



Samaritans: 24h
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

☎ **116 123**

Shout: 24h
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**
• Under 18s, text **YM**

☎ **Text: 85258**

Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

☎ **0800 038 5300**

Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

☎ **01209 901438**

If you, or someone else, is in immediate danger call **999**



🌐 www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

☎ **0808 800 5000**

✉ help@nspcc.org.uk

🌐 www.nspcc.org.uk

Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Vryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens
advice

0344 411 1444

**ON YOUR SIDE
NO MATTER WHAT**

☎ **0800 58 58 58**

🌐 THECALMZONE.NET/WEBCHAT

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS



"It's alright to ask for help"

SAMARITANS

☎ **116 123**

**NATIONAL DOMESTIC
VIOLENCE HELPLINE
0808 2000 247
24/7 CONFIDENTIAL
FREEPHONE**

**AT HOME
SHOULDN'T
MEAN
AT RISK**

#YOUARENOTALONE

FIND SUPPORT AT:
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

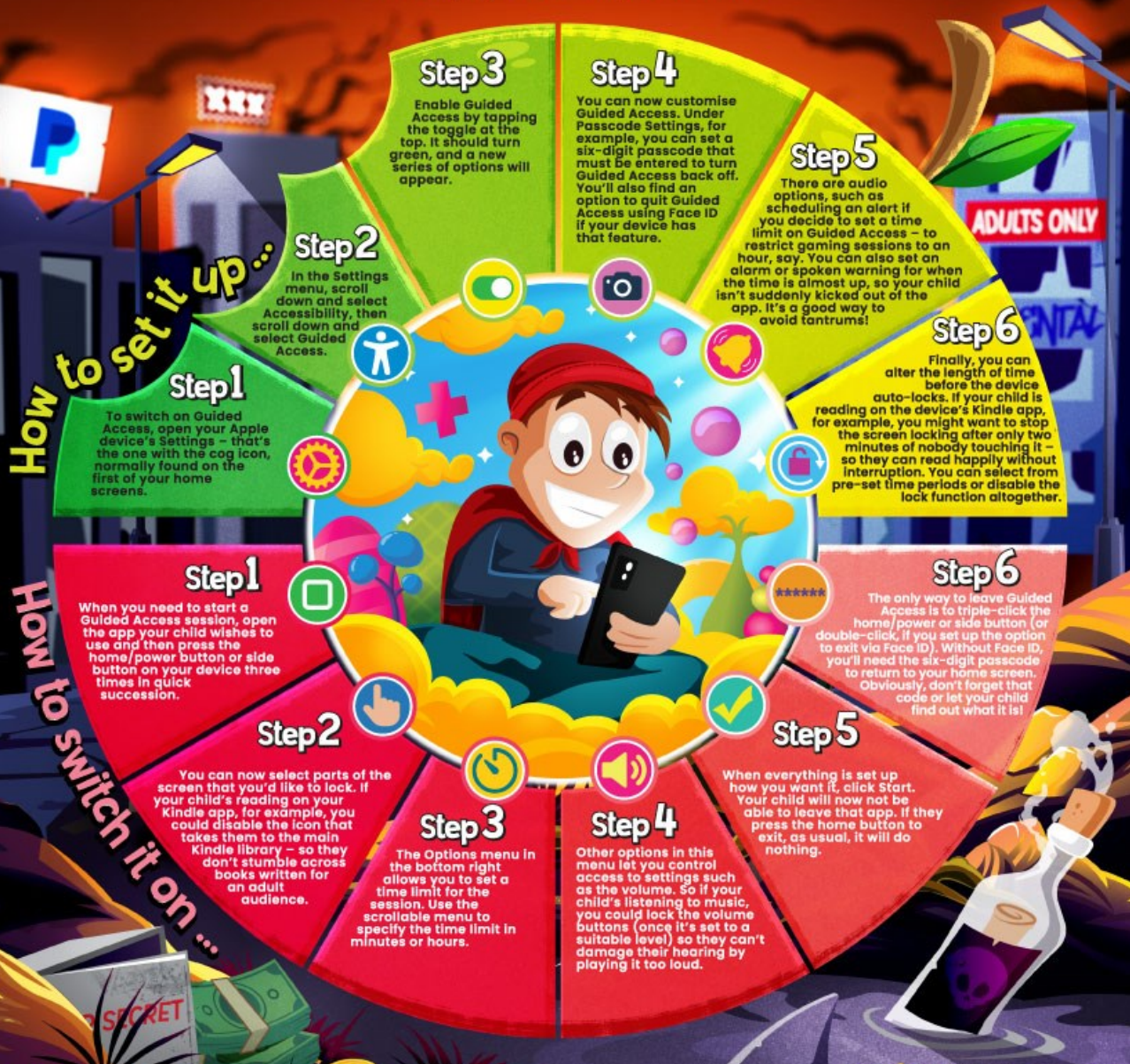
01736 367539

<https://www.wcwaaid.co.uk/helpline>

What Parents and Carers Need to Know about APPLE GUIDED ACCESS

IPhones and iPads don't offer separate user accounts. So when you hand your Apple device to a child to play a game or watch a video, you're also handing them access to your email, the web, messaging and numerous other apps through which they could accidentally do something regrettable.

Apple Guided Access solves this potential problem by letting you restrict the iPhone or iPad to one particular app whenever your child uses the device. If they try and leave that app, they will be asked for a password or Face ID, meaning they can't access anything they shouldn't elsewhere on the device. Here, we show you how to find and set up the Guided Access feature, so you can confidently let your child borrow your iPhone or iPad.



Meet Our Expert

Barry Collins has been a technology journalist and editor for more than 20 years, working for titles such as the *Sunday Times*, *Which?*, *PC Pro* and *Computeractive*. He's appeared regularly as a technology pundit on television and radio, including on *Newsnight*, *Radio 5 Live* and the *ITV News at Ten*. He has two children and has written regularly about Internet safety issues.



NOS National Online Safety®
#WakeUpWednesday

SOURCES: <https://support.apple.com/en-gb/HT202812>



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 13.10.2021

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links http://www.alverton.org.uk/website/online_safety_for_families/246722. Your child's teacher will also always be happy to talk to you about online safety.

STARS OF THE WEEK

Kittiwakes	Joshua	for not giving up when he finds things tricky
Curlews	Isla	for always being a fantastic listener, kind friend & an overall superstar
Puffins	Jensen	for his fantastic attitude to learning & always putting in 100% effort
Owls	Emily	for such enthusiasm towards her work & being a little ray of sunshine
Kingfishers	Florence	for her amazing work in our gymnastics lessons
Trencrom	Sonny	for settling into Year 3 so well, working so hard & setting an amazing example
Lanyon	Brae	for perseverance & some great work in Maths
Kerris	Amelia-Mai	for being so lovely, kind and helpful
Bodriftly	Evelyn	for always doing her best & being so cheerful & positive
Bosigran	Amelia	for being a complete superstar all the time
Kenidjack	Louis	for a brilliant week. Well done
Dinnertime	Bella-Marie	for having the loveliest manners



Lost wellies

Puffins - Miller has lost his black wellies, size 1 and named

Lanyon - Reuben has lost his bright blue wellies, size 4/4.5 and named

Owls - a pair of navy wellies with flowers on them have been lost from Owls class. Have you seen any of these or did they get sent home with your child by mistake? Please contact us if found. Thanks.

Well I can hardly believe it but half term has arrived. On the one hand I'm delighted because I get a chance to do the things that I cannot manage in term time, seeing my friends, my family and having coffees, cakes, long walks and regular swims. Or do I? Because this dreaded pandemic is far from over (perhaps even rearing its head again) and I'm feeling a little bit anxious about the possibility of restrictions being put in place which may mean I'm suddenly not able to do the things I'd missed for so long and am just getting used to being able to do all over again. And until that time, should I make the most of this freedom and go crazy? Or should I be really safe and sensible and begin my preventative measures now? Decisions, decisions, decisions. So I shall do what I always do, talk to family and friends to help me make the decision that's right for me. Which always brings me back to feeling really lucky that I'm able to do that. What if I had nobody to talk to? Do you? Or do you want to talk to someone else? Somebody who may have a different opinion? Or even no opinion at all? Because sometimes the very act of talking is enough to clarify your thoughts. Well, as you know by now, here I am. You know how to find me. Take care until then, Mrs Daylak (nursery teacher).

Free School Meals / Pupil Premium

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/>

Registering a child as eligible for free school meals (as described below) means that your child receives a free meal every day (though they can, of course, bring a packed lunch should they prefer) but there are additional benefits too. Pupil Premium brings more money into the school to help children achieve and learn. Children in receipt of the Pupil Premium also receive other benefits (eg contributions towards Key Stage 2 camps and funding to use for uniform, music lessons, trips etc). At some times, there are further benefits for these children such as food vouchers during holiday times where these are given. Please see the Pupil Premium Provision Map in the Pupil Premium section of our website http://www.alverton.org.uk/website/pupil_premium/172518 or speak to Mrs Gill or Mrs Stacey in the office or contact Mrs Wicks who leads our Pupil Premium provision.

The easiest and quickest way to apply for free school meals is online through the Cornwall Council website but, if you are unable to do this, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

A child is eligible for free school meals if their parent / carer (or the child themselves) receives any of the following benefits:

- Income Support (IS)
- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- Child Tax Credit (CTC) with an annual income of less than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods

If you are claiming the benefits listed below you are NOT eligible for free school meals, regardless of what other benefits / credits are being claimed:

- Working Tax Credit
- Contribution-Based Job Seeker's Allowance and / or Contribution-Based Employment and Support Allowance

NB All Reception, Year 1 and Year 2 pupils are entitled to receive a free school meal as part of the Universal Infant Free School Meals (UIFSM) initiative, regardless of what benefits are being claimed. However, some children in Reception, Year 1 and Year 2 may also have an entitlement to benefits-related free school meals and it is important to apply for these if you think your child may be eligible.

Registering for free school meals / Pupil Premium is confidential. If you think that your child is eligible, we strongly recommend that you contact Cornwall Council as detailed above. Mrs Gill and Mrs Stacey in the office will also be able to help you and answer any questions you may have.

Thank you.

FOOTBALL CAMPS OCTOBER HALF TERM



Camp Dates
Monday 25th October
Wednesday 27th October
Friday 29th October

Soccer Tots (3-6yrs)
10am - 12pm
£6 per day | £10 for 2 days | £13 for 3 days

Soccer Pros (7-13yrs)
10am - 3:30pm
£15 per day | £25 for 2 days | £35 for 3 days

Venue
Mounts Bay Football Development Centre
Mounts Bay Academy Sports Centre, Penzance, TR18 3JT

Other Info
All children are welcome to attend from any school or club
The MBFDC coaching staff are UEFA / FA qualified & DBS checked
Pre-booking only, register & book online
Visit the website for further information - www.mbfdc.co.uk

Contact
Kevin Lawrence - Head of Football Development
Message us on facebook - www.facebook.com/MBFDC
Email - klawrence@mountsbay.org
Website - www.mbfdc.co.uk



St Thomas's Church



Heamoor

Sunday 24th October 2021

4pm – 5pm

Families @ Four

Arts, Crafts, Bible stories, Singing and Fun.

No charge, donations welcome. Cake and squash included. All children **must** be accompanied by an adult please.



Nature is going to sleep; it's time to 'light up!'

Details: Rev'd Jo Thomas 07779785962
josophiet@aol.com

Soft play area in Penzance – Halloween half term

Saturday 23rd October - Playzones 7th Birthday party - 11.30 – 3.30
Marks Ark will be joining us and bringing along a selection of species for you to hold!

Monday 25th October
10-11.30 – Halloween arts & crafts
12.30-2 - Halloween arts & crafts - Lunch available: Spooky soup & roll OR Scary sandwiches & snacks (must be pre ordered)

Tuesday 26th October
10-11.30 - Halloween arts & crafts
12.30-2 - Halloween arts & crafts - Lunch available: Spooky soup & roll OR Scary sandwiches & snacks (must be pre ordered)

Wednesday 27th October
10-11.30 - Halloween arts & crafts
12.30-2 - Halloween arts & crafts - Lunch available: Spooky soup & roll OR Scary sandwiches & snacks (must be pre ordered)

Thursday 28th October
10-11.30 – Halloween arts & crafts

Friday 29th October - Halloween Disco - 5.30 – 7.30pm
Prizes for best dressed
Halloween pass the parcel

Sunday 31st October - Pumpkin Party – 10-12.30 –
(£5 per child 1-11 years)
Pumpkin carving
Halloween scavenger hunt
Halloween themed games

Contact me on – 07341830277 (Molly) to book a space or
message me on Facebook 'Soft Play Area in Penzance'

ART CLUB

**THE STUDIO, NEWLYN ART GALLERY,
WEDNESDAYS 15:45-16:45**

A weekly after school club, for key stages 1&2, giving kids the opportunity to explore and express themselves through a range of exciting, creative projects. Discovering new materials and techniques, with the freedom to develop new skills in a safe and nurturing environment.

Spaces are limited. Sessions are £5 each, paid in half term blocks.
This is a drop-off session, parents are welcome to wait in the Garden Café.

Enquiries to: newlynlittleartists@yahoo.com | Telephone: Annie 07891 862670
Tutor, Annie Vigar, has had 5 years' experience running tailored art classes for babies, pre-schoolers and KS1&2
Afterschool Art Club KS1&2 (Yr1-6 not reception)