MY LUNCH IS ALIVE! ACTIVITY SHEET 1

MAKE YOUR OWN FOODIMALS!

For some great family fun, why not try creating your own foodimals at home, like the Fruit Cockatiel, Cantalope or Flamango featured in the film Cloudy with a Chance of Meatballs 2? This is a great way to learn about new fruits and vegetables, as well as practise kitchen skills, and get creative!

WHAT YOU'LL NEED	A selection of fruit and vegetables.
	Kitchen utensils.
	Cocktail sticks.
WHAT TO DO	Plan how you will make your foodimal first, so that you don't waste your food! You might be inspired by a trip to the local fruit and vegetable market, or section in the supermarket.
	Carefully, with the help of an adult, cut pieces of the fruits and vegetables to make the different parts of the animal.
	Use cocktail sticks to join together the pieces of food.
	Take a photo to record your animal. You could even use them to make greetings cards.
	Recycle your animals into a tasty vegetable soup or a delicious fruit salad.
TOP TIPS	Black-eyed beans, olives, grapes or currants make great eyes!
	For inspiration, think about the shape and colour of the inside as well as the outside of the fruit and vegetables.



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