

Dear Parents and Carers,

On Wednesday night, the Friends of Alverton School (FOAS) held an AGM with a difference as it was the first time a FOAS meeting was held on Zoom.

We are so lucky to have a group of such committed parents who are determined that FOAS will continue to raise lots of money for the children in our school. However, they definitely need more helpers! Information will be coming out soon about how you can get involved and I know that they would love to hear from you.

The first FOAS event will be held next Friday (22 October). This will be a Halloween fancy dress day and your child can come to school dressed in their finest (appropriate) Halloween costume! If they would prefer, they can wear something black or orange or some sort of Halloween accessory or just come in their uniform – it really is up to you. If your child could bring a donation (we suggest £1) towards FOAS funds, this would be very much appreciated. There will be prizes and a competition for the best Halloween joke.

We also started to think about Christmas fundraising. Although there will not be the traditional Christmas Fair, FOAS are hoping to incorporate elements of it into other Christmas events – more information to follow!

The money raised benefits all the children in the school and, at the moment, FOAS are helping to fund the new Music Room that Mr Higgs talked about in the newsletter a few weeks ago. Every pound raised really does make a difference – thank you all so much for your support.

Cathryn Wicks
Deputy Head



Remember – safeguarding is everyone's responsibility

If you have a safeguarding concern, please contact Martin Higgs (Designated Safeguarding Lead) at head@alverton.cornwall.sch.uk or, if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;

E-mail: multiagencyreferralunit@cornwall.gov.uk

A reminder that there is no entry into the school buildings apart from into the office foyer area and that, when you are on the site, we would ask you to please wear a mask. Thank you.

Parents Evenings - Year 1-6

Booking for parents evening has now closed. Teachers will be contacting you next week.

If you didn't book your own appointment via the school website for an appointment time will have been made for you and has been sent to you via text. Please be ready at the allotted time for your 10 minute phone call.

If you are going to be unavailable to speak to your child's teacher at the allotted time, please contact the school office either by phone or by email so that the teacher can be informed.

Club cancellations

Due to parent consultations **ALL** clubs are **cancelled** next week. The only ones that will be running are:

Mon	Needlecraft & KS1 Nerf Wars
Weds	Y5/6 Nerf Wars
Thurs	Y3/4 Nerf Wars
Fri	Y1/2 Dance

Coronavirus symptoms

The main symptoms are:

A high temperature (hot to the touch on chest or back)

OR

A new, continuous cough (coughing a lot for more than an hour or 3 or more coughing episodes in 24 hours)

OR

A loss or change to your sense of smell or taste (you've noticed you cannot smell or taste anything or things smell or taste different to normal)

If you or your child have any **ONE** or more of these you must get a COVID-19 PCR test as soon as possible and stay at home and do not have visitors— only leave home to get the test. Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result. **Please ring or email the school office as soon as possible to let us know.**

If your child tests positive over the weekend please email head@alverton.cornwall.sch.uk

You can book at test online at:

<https://www.gov.uk/get-coronavirus-test> or phone the NHS test line 119.

Go Active After School provision

Any queries or to book please contact Mr Timmons direct on 07843 126833 or by emailing him on

alvertonkidsclub@outlook.com

Tempest photographs

If you'd like to purchase any photos please use your child's photo proof to go online and follow the instructions about how to order. Any orders made within 14 days will not incur a postage charge and will be sent back to school.

If you have any queries please contact Tempest Customer Services on 01736 751555.

Nerf Wars Club after half term

Mr T has a few spaces left on Nerf Wars club after half term on Mondays for Year 1/2 and Thursdays for Year 3/4. They will run for 4 weeks and the cost is £8. If your child is interested in joining, please collect a form from the office to sign up.

INSET Day - Monday 1st November

School will reopen after half term on **Tuesday 2nd November** due to a teaching training day on Monday 1st.

Lost property

All the lost property is now put into the large chest outside the office window and is no longer kept in the hall. You can come at anytime from 8am-4pm to look inside for any lost or items or to take any un-named items. **The chest will be emptied next Friday 22nd October and all the un-named contents will be taken to the charity shop.** Please name all your child's belongings.

Flu immunisation - NEXT WEEK

If you would like your child immunised and haven't yet applied, please go online by 19th October. **Your child will not be given the nasal spray without your consent so if you do not wish them to have it done, you do not need to do anything.**

Date of Visit: Thursday 21st October

School Code: EE142240

Link: <https://www.kernowimmunisations.co.uk/Forms/Flu>

Tel No.: 01872 221105

New uniform item

Our uniform supplier can no longer source the red zipped tracksuit tops so it has been replaced by a red Alverton hoodie costing £11.26. **This is only to be worn on PPA days and as part of PE kit and not as a replacement for the V necked sweatshirt or jumper.** You do not need to replace your child's current one until it wears out or becomes too small.



Daisy's Diary

Camera news

The night time camera is working a treat! Its fascinating seeing who's about. Here's a few of our day time visitors



And here's who comes out at night. I will keep setting it up and slowly finding out who goes where in our ground and will add it to our giant outdoor learning map being made by the children. I love a fox!



New home for the chickens

The baby chicks have grown up (so quickly!) and there's not enough room at mine now for 4 big chickens! So Hummus Montego and Peewee are off to pastures new. The beautiful Mrs Leiworthy is adopting them – she has her coop ready and they are living in the countryside! I'll miss them but we will still have Rabbit and Lemon who will still be in almost every day I'm in.





Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family
Line

0808 802 6666



Download this image onto your phone for **when you might need help**



Samaritans: 24h
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

☎ **116 123**

Shout: 24h
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**
• Under 18s, text **YM**

☎ **Text: 85258**

Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

☎ **0800 038 5300**

Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

☎ **01209 901438**

If you, or someone else, is in immediate danger call **999**



🌐 www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

☎ **0808 800 5000**
✉ **help@nspcc.org.uk**
🌐 **www.nspcc.org.uk**

Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Vervan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens
advice

0344 411 1444

**ON YOUR SIDE
NO MATTER WHAT**

☎ **0800 58 58 58** 🌐 **THECALMZONE.NET/WEBCHAT**

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS

CAMPAIGN
AGAINST
LIVING
MISERABLY
CALM

"It's alright to ask for help"

SAMARITANS

☎ **116 123**

**NATIONAL DOMESTIC
VIOLENCE HELPLINE
0808 2000 247
24/7 CONFIDENTIAL
FREEPHONE**

**AT HOME
SHOULDN'T
MEAN
AT RISK**

#YOUARENOTALONE

FIND SUPPORT AT:
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

<https://www.wcwaaid.co.uk/helpline>

What Parents & Carers Need to Know about FREE SPEECH VS HATE SPEECH

Everyone has the right of 'freedom of expression.' This is the right to voice your opinions and share information and ideas with others. It is not the right to say whatever you want. We all have a responsibility to use freedom of expression properly by not saying things that are grossly offensive or threatening, or encouraging hateful activity, thereby undermining the rights of others. Both online and offline, hate speech targets those who are different to the speaker in some way. Communication attacking or discriminating against groups and individuals (because of characteristics like race or religion) is hate speech, not free speech.

What is Free Speech?

Free speech is the principle that an individual is allowed to share information, opinions and ideas without fear of retaliation, censorship, or legal consequences. Here's why free speech is important...

The Human Rights Act states that everyone has the right to express themselves freely and hold their own opinions – even if those views are unpopular and could offend others.



Freedom of expression encourages listening to others and allowing opposing views to be heard. It's important that we respect someone's opinion, even if we disagree with it.

Any idea could potentially offend someone: Both Galileo and Darwin's theories, for example, were originally incredibly offensive to many. Freely exchanging ideas promotes progress.



The ability to challenge others' views – and have ours challenged, too – is healthy, as it helps us learn to deal with criticism and to think seriously about what we say and believe.



It's a powerful way to push for change. Many modern rights – such as women being allowed to vote, or decent working conditions – couldn't have been achieved without free speech.



Freedom of expression also includes the right not to do something: such as not standing up or singing for the national anthem, even though some people would deem that offensive.



Say no
Call hate out!
STOP HATE!
Spread Love
Report it!

What is Hate Speech?

Hate speech is any communication which displays prejudice against someone's identity. It can be derogatory, demonising and dehumanising statements, threats, identity-based insults, offensive name-calling and slurs. Some common types of hate speech include...

Targeting people or groups because of their race, gender or gender identity, sexuality, nationality, religion or a disability.



Content which dehumanises individuals or groups based on those attributes, such as referring negatively to them as animals, inanimate objects or other non-human entities.



Calling for violence or hatred against certain people or groups, and justifying and glorifying these actions.

Claiming that specific types of people are physically, mentally or morally inferior, or even that they are criminals.



Promoting the exclusion or segregation of certain groups of people, or discrimination against them, because of who they are (e.g. their race or gender).

Making up or repeating insults about a person or group because something about their identity (for example, religious beliefs or a disability) is different to the person who's posting.



STOP HATE UK
STOP HATE. START HERE

For further information and reporting:

Amnesty International:
<https://www.amnesty.org/en/what-we-do/freedom-of-expression/>
True Vision:
https://www.report-it.org.uk/reporting_internet_hate_crime
Report Harmful Content:
<https://reportharmfulcontent.com/?lang=en>



National Online Safety

#WakeUpWednesday



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 28.07.2021

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links http://www.alverton.org.uk/website/online_safety_for_families/246722. Your child's teacher will also always be happy to talk to you about online safety.

STARS OF THE WEEK

Kittiwakes	Hunter	for drawing a super story board of Goldilocks & the Three Bears
Curlews	Tyler	for working extremely hard to practice all his sounds & numbers
Puffins	Kitto	for his love of language & his effort to use new vocabulary
Owls	Samara	for super determination in writing this week
Kingfishers	Noah P-M	for his amazing explorers homework this week
	Archie P-M	for his amazing explorers homework this week
Trencrom	Lamorna	for always setting a beautiful example & writing a stunning mystery story
Lanyon	Finley	for writing an amazing mystery story. Well done
Kerris	Tyler M	for working so hard to improve his handwriting
Bodrifty	Elise	for a fantastic Viking ship homework & always doing her best in all lessons
Bosigran	Zac	for making such an effort with his Reflex Maths
Kenidjack	Lola B	for great imagination & invention in her Battle Cry speech
Dinnertime	Jai	for his healthy packed lunches



Contact details

We email you lots of letters and information and send quite a few texts too so we always need an up-to-date email address and mobile number for you. Please let the office know if your contact details change.

LOST

Jayden in Kingfishers has lost two zipped tracksuit tops aged 7-8. They are both named. Vivian in Trencrom has lost his green Dunlop wellies which are named. Please check and hand in if found. Thanks.

Hello again, I hope this message finds you all well and appreciating the warmer days at the moment. I know very soon it's going to change and become colder so I'm clinging on to this unexpected warm weather. What I'm really going to struggle with are the shorter days. I'm waking up each school day in the dark, it's becoming darker now when I leave home each morning and it'll soon be getting dark when I leave school. I do, if I'm honest, find the change of seasons an emotional challenge and I have to work hard to remain cheery and upbeat. I appreciate how hard it may be for anyone who is struggling to manage other emotions or difficulties as well, to cope with the shorter daylight hours and cooler weather, so once again I would like to offer my support, listening ears, tea and coffee making skills and biscuit seeking talents to anyone who wants to come and chat. As always, I'm in the nursery, no-one need know unless you want them to and it doesn't even have to be school related. I'm here for you if you need me. Mrs Daylak

Free School Meals / Pupil Premium

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/>

Registering a child as eligible for free school meals (as described below) means that your child receives a free meal every day (though they can, of course, bring a packed lunch should they prefer) but there are additional benefits too. Pupil Premium brings more money into the school to help children achieve and learn. Children in receipt of the Pupil Premium also receive other benefits (eg contributions towards Key Stage 2 camps and funding to use for uniform, music lessons, trips etc). At some times, there are further benefits for these children such as food vouchers during holiday times where these are given. Please see the Pupil Premium Provision Map in the Pupil Premium section of our website http://www.alverton.org.uk/website/pupil_premium/172518 or speak to Mrs Gill or Mrs Stacey in the office or contact Mrs Wicks who leads our Pupil Premium provision.

The easiest and quickest way to apply for free school meals is online through the Cornwall Council website but, if you are unable to do this, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

A child is eligible for free school meals if their parent / carer (or the child themselves) receives any of the following benefits:

- Income Support (IS)
- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- Child Tax Credit (CTC) with an annual income of less than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods

If you are claiming the benefits listed below you are NOT eligible for free school meals, regardless of what other benefits / credits are being claimed:

- Working Tax Credit
- Contribution-Based Job Seeker's Allowance and / or Contribution-Based Employment and Support Allowance

NB All Reception, Year 1 and Year 2 pupils are entitled to receive a free school meal as part of the Universal Infant Free School Meals (UIFSM) initiative, regardless of what benefits are being claimed. However, some children in Reception, Year 1 and Year 2 may also have an entitlement to benefits-related free school meals and it is important to apply for these if you think your child may be eligible.

Registering for free school meals / Pupil Premium is confidential. If you think that your child is eligible, we strongly recommend that you contact Cornwall Council as detailed above. Mrs Gill and Mrs Stacey in the office will also be able to help you and answer any questions you may have.

Thank you.

Ballet for children (3y+) & adults (inc. beginners)
at Penzance Leisure Centre & Pz YMCA
www.penzanceballetschool.co.uk

Imperial Society of Teachers of Dancing
Registered Member

FREE STREET CRICKET

GIRLS ONLY

WHERE:
Mounts Bay Academy

WHEN:
Mondays (starting 19th July 2021)
@ 5 - 6:30pm

CONTACT:
David Tremaine



- TAPE BALL CRICKET
- ALL ABILITIES WELCOME
- EXPLOSIVE ACTION
- NO EXTRA EQUIPMENT NEEDED
- COVID SAFE

Partners:



CHANCE TO SHINE



Adult
Education



****Free Online Award in Supporting Teaching & Learning**

Date **17.11.21** Time **7 – 9 pm** Course Code **NNQ1028**

Course description: Do you enjoy working with children and young people? Fancy a career change? Are you looking for employment that fits with family needs? Then this qualification may be just for you, and will enable you to apply for teaching assistant, learning support and special needs assistant jobs.

With a reported local shortage of teaching assistants, this could be the **PERFECT** time for you to embark on a new career path and gain the necessary qualification.

This course will be funded for those eligible, as part of the European Social Funded "Widening Participation through Skills Project" (number 05S16P00538)

Brighter Futures
learn today for a better tomorrow

Find out more

For more information or to apply, visit
www.cornwall.gov.uk/adultlearning
or call **0300 1231 117**



European Union
European
Social Fund