

Dear Parents and Carers,

What a fantastic term this is becoming! After all the excitement of the week before half-term with Moana and the Jubilee Picnic in beautiful sunny weather, there are still lots more things to look forward to.

The sun shone this week for our Sports Days and it was great to welcome you all back to these. We are also hoping to see you at our Mazey Parade on the afternoon of Wednesday 22 June (details have been sent home). The school is already a whirl of withies, paper, glue and paint as children and staff create amazing things. As well as all of this, FOAS are planning the Summer Fair on Friday 1 July after school. There is more information about this later in this newsletter.

Reception are busy planning their café day and a visit to the beach to explore the rockpools. They will also end the term with a day's "camp" on the field. Key Stage 1 have two trips planned: one of these is a beach clean with SAS and the other is a trip to the Jubilee Pool as the children voted for this last term as one of the "Five Wonders of Penzance". Thank you to all those parents who come along with us on our various outings – your support is very much appreciated.

Year 3 are looking forward to their camp at BF Adventure at Penryn and Year 6 will be heading off to London at the beginning of July, including seeing "Matilda" and visiting Legoland. They will also go swimming at the Jubilee Pool and enjoy a day surfing, as well as looking forward to next term with a visit to their new secondary schools.

There's a lot to pack in and it will be a busy – but very enjoyable – few weeks!

Best wishes,

Cathryn Wicks
Deputy Head

Remember – safeguarding is everyone's responsibility

If you have a safeguarding concern, please contact Martin Higgs (Designated Safeguarding Lead) at head@alverton.cornwall.sch.uk or, if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;

E-mail: multiagencyreferralunit@cornwall.gov.uk

Covid 19

Please see the link below for updated Covid 19 guidance:

<https://www.gov.uk/government/publications/covid-19-people-with-covid-19-and-their-contacts/covid-19-people-with-covid-19-and-their-contacts>

Parent Survey

Thank you to those people who completed our parent survey this week. We really appreciate you taking the time to do this and it is so helpful to know what parents think when shaping our plans for next year. The survey is remaining open until midday on Monday 20th June so if you haven't completed it, please use the QR code below to access it.

<https://www.surveymonkey.co.uk/r/59XQV9W>



Class photos

Proofs of class photos have now come home via email. Please click on the link if you'd like to buy any. To avoid a late payment charge please order any online by next **Friday 24th June**. Once processed all orders will be delivered back to school and given to your child.

New email address for school

Our email address has changed! If you need to contact us in the office please email: alverton@tpacademytrust.org

Save the date

The FOAS Summer Fair will be held on **Friday 1st July from 3.15pm**. Please save the date.

Please see the information further on in the newsletter.

Wanted!

As well as raffle prizes, good quality books and Alverton uniform and cakes FOAS are very short of mugs. If you have any good quality ones you can donate please bring them into the office.

Thank you very much.

Lost property

There are lots of items in the lost property box outside the side hall door. Any un-named items will be washed and put out for sale at the FOAS Summer Fair on 1st July so if your child is missing anything please come and check asap and before next Friday 24th June at the latest. Any items that are named will not be given away.

Athletics winners!

Wow, what an incredible day! On Tuesday I took an athletics team to Carn Brea Athletics track to compete against the other schools from Penwith... and what a team they were! Every single child was incredible, from running longer distance races such as the 1500m, throwing javelins, jumping the high and long jump right through to the fast paced sprints, each and every child represented Alverton in a true sporting style.

All of our sprinters made the finals which is an amazing achievement as well as incredible performances from Kaelan (who flew round the track in his 800M race), Alfie O (winning the Yr5 boys sprint), Thomas G (winning the boys throwing and the boys sprint) Eliza (2nd in the girls throw) and Amelia who got gold for the 600m run and bronze in the Yr3 girls sprint. I was extremely proud of them all!

However, on top of all of that, we actually WON the whole event for the first ever time! Thanks to our incredible relay teams storming us up the points table, we ended up as victory the whole event. A superb day!

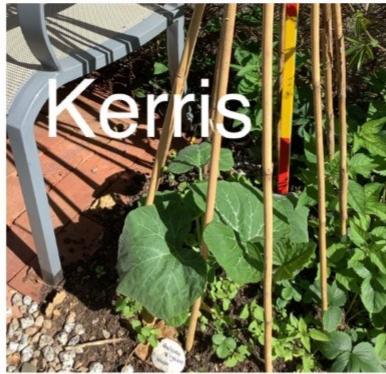
Mrs Dennison



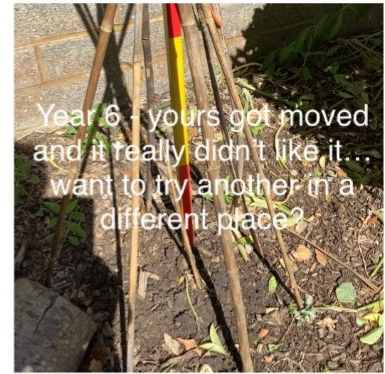
Daisy's Diary



Kingfishers - there's a tiny baby pumpkin on this already!



Kerris



Year 6 - yours got moved and it really didn't like it... want to try another in a different place?



Owls

Pumpkins! See how yours is doing compared to the other classes... Trencrom and Lanyon you haven't got yours in yet but it's not too late! Pumpkins need LOTS of water and some fertiliser too. Good luck!



Nursery



Puffins



Year 5



Kitties and Curlies

PIC-COLLAGE



Here's Charlie with his beetroot that he grew from seed! He's been watering his garden diligently and has grown 2 beautiful beetroots, a carrot with legs and a lettuce which he's taking home for dinner.

Ryan is making a Year 6 shelter outside Kenidjack for quiet reading and calm times. Sides and bottom are on, roof to come as shown by Daisy.

Reuben's bird box that his family donated to the school and that was put up in the Nursery wood is being

used by blue tits who are on their second brood already.



FOAS SUMMER FAIR
Friday 1st July – 3.15-5.30pm

What will be on

Live Music

Kids Activities – kids wristbands cost £2.50 and give access to all the activities. Available to buy from the office (cash only please) from Monday 27th June. Any under 5s who will not be taking part in any activities will be free.

Cash Stalls

- **BBQ**
- **Tea and cake**
- **Preloved books and Alverton school uniform**
- **Raffle**

Help needed

FOAS is entirely run by volunteers and we would appreciate any help you can provide to make the fair a success.

Please donate:

Before the day (please hand into the office):

- Raffle prizes such as wine, chocolates and nice food items, vouchers for salon treatments, cafes and restaurants, etc.
- Good quality, clean school uniform and books

On the day:

- Cakes

Please volunteer:

Any amount of time that you can spare would be much appreciated. There will be a sign-up board in the reception area from Monday 20th June.

- Stall and activity set up between 9am-3.15pm
- Assistance running fair activities and stalls between 3.15-5.30pm
- Help with tidying away afterwards

If anyone has any great ideas for activities and would like to run a stall please contact foas@alverton.cornwall.sch.uk All proceeds must go to FOAS.

Thank you very much for your support.



Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family
Line

0808 802 6666



Download this image onto your phone for **when you might need help**



Samaritans: 24h
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

☎ **116 123**

Shout: 24h
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**
• Under 18s, text **YM**

☎ **Text: 85258**

Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

☎ **0800 038 5300**

Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

☎ **01209 901438**

If you, or someone else, is in immediate danger call **999**



🌐 www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

☎ **0808 800 5000**
✉ **help@nspcc.org.uk**
🌐 **www.nspcc.org.uk**

Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Vryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens
advice

0344 411 1444

**ON YOUR SIDE
NO MATTER WHAT**

☎ **0800 58 58 58** 🌐 **THECALMZONE.NET/WEBCHAT**

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS



"It's alright to ask for help"

SAMARITANS

☎ **116 123**

**NATIONAL DOMESTIC
VIOLENCE HELPLINE
0808 2000 247
24/7 CONFIDENTIAL
FREEPHONE**

**AT HOME
SHOULDN'T
MEAN
AT RISK**

#YOUARENOTALONE

FIND SUPPORT AT:
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

<https://www.wcwaaid.co.uk/helpline>

What Parents & Carers Need to Know about

TWITCH

Twitch is a livestreaming service which tends to focus on gaming. Users can publicly broadcast their gameplay and commentary online for other users to watch. It's a community-driven platform where viewers can support their favourite streamers' channels through PayPal donations, 'Bits' and more. Each streamer or group creates their own community for fans to interact with each other. Twitch has more than 15 million daily active users and includes non-gaming topics such as music, cooking and art. Anyone can create a channel to livestream or watch videos.

WHAT ARE THE RISKS?

UNCENSORED STREAMS

Uncensored content obviously carries a greater risk of inappropriate language and behaviour (streamers can, however, list their broadcast as unsuitable for children). Twitch has strict rules for streamers to follow, but requires viewers to report any streams which breach these guidelines. Each livestream is accompanied by a text chat which it is the streamer's responsibility to moderate.

INAPPROPRIATE CONTENT

Most people are already aware that some video games feature adult content such as violence, sexual content, profanity and so on. Twitch does prevent certain games from being streamed on the platform, but most are still allowed. It is relatively simple, then, for a child to find livestreams of games that aren't suitable for them – including horror games.

HIDDEN COSTS

Twitch is free to use because it's supported by advertisers. Removing the ads requires a subscription to Twitch Turbo – or the Twitch Prime package (free for anyone with an Amazon Prime account), which blocks the ads and offers additional goodies such as bonus games. Streamers earn most of their income by asking users for direct donations or gifts of the virtual currency Twitch Bits.

CONTACT FROM STRANGERS

As well as streamers talking directly to their audience, Twitch enables viewers to use text chat to speak to the person they're watching. It's a social platform which also allows viewers to interact with each other via text while they are watching livestreams – including exchanging private messages. This raises the possibility of a child being approached and messaged online by total strangers.

WEBCAM SHARING

It's common for streamers to use their live webcam footage. This allows better interaction with their viewers, but also adds risk: the stream might include sponsored content or product placement that isn't child friendly. Using a webcam in livestreams increases the chance of malicious viewers finding out where the streamer lives and provides bullies with visual reactions to their hurtful behaviour.

PRIVATE CHAT ROOMS

Twitch encourages streamers to create their own communities, which extend beyond its platform. Many create a public Discord group, for example, for viewers to join and communicate with each other. Discord is a completely separate entity to Twitch and offers a higher risk of predators, grooming and cyberbullying if your child gets involved in the voice or video chat with strangers.

Advice for Parents & Carers

EXPLORE IT YOURSELF

Twitch doesn't have any parental controls, but it is possible to block troublesome users if it becomes necessary. The best solution is to watch some Twitch channels by yourself or with your child to find some that are suitable. Watching some streams by yourself is also a good route to understanding the sort of content that your child would be consuming regularly on Twitch.

WATCH WHAT THEY WATCH

Twitch does have a lot of child-friendly content; some streamers use a 'family friendly' tag to highlight material that's suitable for children. However, anyone can use this tag – including users who (accidentally or otherwise) stream games with less appropriate adult themes. The best way to counter this is to view different streams and follow suitable channels for your child to watch.

LEARN HOW TO BLOCK

'Security and Privacy' in Twitch's settings lets your child block messages from specific users. Teaching your child how this works will help them avoid online abuse. If they livestream, knowing how to block people in the chat also helps to prevent cyberbullying or harassment. Evading online interaction is impossible, of course, so talk to them in advance about boundaries and safe online communication.

LIMIT PAYMENT OPTIONS

Reduce the chance of accidental purchases by ensuring your bank card isn't saved on Twitch or the Amazon account that Twitch Prime could be linked to. Restricting access to your PayPal account is also wise if your child watches Twitch on the device you use to make purchases. Explain to your child that they don't need to subscribe to channels to watch them and that donating or gifting 'Bits' is optional.

Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



NOS
National Online Safety®
#WakeUpWednesday

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links http://www.alverton.org.uk/website/online_safety_for_families/246722. Your child's teacher will also always be happy to talk to you about online safety.

Free School Meals / Pupil Premium

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/>

Registering a child as eligible for free school meals (as described below) means that your child receives a free meal every day (though they can, of course, bring a packed lunch should they prefer) but there are additional benefits too. Pupil Premium brings more money into the school to help children achieve and learn. Children in receipt of the Pupil Premium also receive other benefits (eg contributions towards Key Stage 2 camps and funding to use for uniform, music lessons, trips etc). At some times, there are further benefits for these children such as food vouchers during holiday times where these are given. Please see the Pupil Premium Provision Map in the Pupil Premium section of our website http://www.alverton.org.uk/website/pupil_premium/172518 or speak to Mrs Gill or Mrs Stacey in the office or contact Mrs Wicks who leads our Pupil Premium provision.

The easiest and quickest way to apply for free school meals is online through the Cornwall Council website but, if you are unable to do this, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

A child is eligible for free school meals if their parent / carer (or the child themselves) receives any of the following benefits:

- Income Support (IS)
- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- Child Tax Credit (CTC) with an annual income of less than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods

If you are claiming the benefits listed below you are NOT eligible for free school meals, regardless of what other benefits / credits are being claimed:

- Working Tax Credit
- Contribution-Based Job Seeker's Allowance and / or Contribution-Based Employment and Support Allowance

NB All Reception, Year 1 and Year 2 pupils are entitled to receive a free school meal as part of the Universal Infant Free School Meals (UIFSM) initiative, regardless of what benefits are being claimed. However, some children in Reception, Year 1 and Year 2 may also have an entitlement to benefits-related free school meals and it is important to apply for these if you think your child may be eligible.

Registering for free school meals / Pupil Premium is confidential. If you think that your child is eligible, we strongly recommend that you contact Cornwall Council as detailed above. Mrs Gill and Mrs Stacey in the office will also be able to help you and answer any questions you may have.

Thank you.

STARS OF THE WEEK

Kittiwakes	Lottie	for always sitting so beautifully on the carpet & being ready to learn
Curlews	Tanner	for fantastic silly sentence writing & great improvement in his Phonics
Puffins	The Whole Class	for an amazing Sports Day
Owls	Brodie	for sensible behaviour at Sports Day
Kingfishers	Eden	for his super performance at Sports Day
Trencrom	Buster	for an amazing effort at our races and always making us smile
Lanyon	Erin	for fantastic instruction writing
Kerris	Flo	for her amazing artwork painting our Indian elephant for Mazey
Bodripty	Mia	for always being so kind, helpful & supportive to everyone & working hard in everything
Bosigran	Adam	for always working hard, behaving beautifully & being a pleasure to have in class
Kenidjack	Poppy	for being an out and out star always
Dinnertime	Matilda J	for always being so polite & good mannered.



Welcome back - the eagle-eyed among you will have noticed that there was no sound from me last week, while the vast majority will probably not have batted an eyelid. Whichever camp you fall into, I simply forgot! I can't believe that something I've done pretty much every week, for probably a couple of years now, isn't deeply embedded onto my list of 'what to do each Friday'. But it clearly isn't. I wonder if it's one of those things that has disappeared off the bottom of the list of things to do that we all have, from work and home lives, as things get piled on top. The list of things to do, which grows and grows mysteriously, beyond control. If your to do list is growing out of control and it's making life hard, it will seem odd when I suggest taking some time out, but even just ten minutes will make a difference and recharge the batteries. My family know the rule of morning tea; basically don't talk to me until I've had it. Seriously. If you want to take ten minutes out for a chat, oddly enough it may make you feel better if everything is all feeling a bit much right now. You're all very welcome as always. Tea, coffee and a biscuit. My idea of heaven. Until then, have a lovely weekend. Mrs Daylak

Diary Dates

22nd June	Alverton Mazey Parade - 1.30pm
25th June	Mazey Day - 1pm parade
30th June-1st July	Year 3 camp at Penryn
1st July	Clubs finish
1st July	FOAS Summer Fair - 3.15pm
5th July	Year 6 transition day
6th-8th July	Year 6 London trip
22nd July	Year 6 Leavers assembly
22nd July	School finishes at 3.15pm for the summer holidays

After school childcare provision

Any queries or to book please contact Mr Timmons direct on 07843 126833 or by emailing him on alvertonkidsclub@outlook.com