

Dear Parents/Carers

It was so great to get out and do Forest School this week! Although our trees have suffered, the children made the most of the fallen branches, using them to make some amazing dens!



What a busy week for football! Matches have been postponed over the whole of January, meaning we have had to play catch up a bit this week! The children were incredible (and looked fab in our new kit!) and earned us a place in the finals - well done boys! After half term it's the turn of the Year 5 & 6 girls, I'm sure they will be just as amazing.



Traffic - This is becoming a real concern for the school and the safety of our children. We are working with the Trust and the police on potential solutions, but in the meantime we really need your cooperation.

1. Please do not move the cones opposite the car park, they are there to allow the ease of traffic up and down the road.
2. Do not use the car parks to turn around in.
3. Park either at Hope Church car park and walk down, or park in Larrigan Crescent and use the bottom gate.
4. We understand that some people need to use the car park because they are disabled, or have a high needs SEND child. We will be sending out a form to fill in over the next few weeks so that we can provide you with a badge.

Nursery parents, If you are dropping off at 9am, please can you wait until after the 8.45am rush before going into the car park. This is for the safety of all children.

Thank you for your support on this matter.

Have a great weekend.

Nichola Smith  
Headteacher

**Remember – safeguarding is everyone’s responsibility**

If you have a safeguarding concern, please contact Nichola Smith (Designated Safeguarding Lead) at [nsmith@alverton.tpacademytrust.org](mailto:nsmith@alverton.tpacademytrust.org) or, if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;  
E-mail: [multiagencyreferralunit@cornwall.gov.uk](mailto:multiagencyreferralunit@cornwall.gov.uk)

**Club cancellation next week**

Year 6 SATs Booster club on Tuesday 10th February is **CANCELLED**. Please collect your child at 3.15pm.

**Lost property**

Any un-named items in the lost property box will be taken to the charity shop after half term so if you’re missing anything please come and check before next Friday.

**THIS IS OUR**

**HELP YOUR SHELF**

**How it Works**

**It’s all free.**

**Take what you need, whenever you need it.**

**No Questions Asked – No Judgements Made**

**Give what you can if you would like to.**



**Donations wanted**

Our Help Your Shelf is looking rather bare. If you are able to bring in any non-perishable food items, cleaning products or toiletries, we would be very grateful. These will all go to helping our families and community. Thank you very much.

**Year 5 Porthpean and Year 6 London**

**Final payments**

A reminder that all remaining payments for this year’s residential trips must be paid by the following dates:

**Year 5 Porthpean    Friday 6th March**

**Year 6 London        Friday 1st April**

Please log into Arbor check how much you owe and pay by the deadline date.



# PARENT CAFE

With Lauren Ladd from  
Parent Carers Cornwall



- *An opportunity for parents/carers to speak, be heard and meet whilst enjoying tea/coffee/biscuits.*
- *Q&A session at the end*

- ✓ Learn more about sleep, toileting and food.
- ✓ Share your worries with others
- ✓ Access support networks

**Wednesday 11th**

**FEBRUARY  
2025**

9am - 10am  
Alverton School

**For more information, please contact  
Miss Atkins**

Friends of Alverton School



# 2026 Diary Dates



Early Bird  
Easter Disco

26th March



April Fools  
Break the Rules!

1st April



Duck Race

9th May



School Play  
Refreshments

20th & 21st May



Summer Fair

17th July



## Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family  
Line

0808 802 6666

ChildLine

0800 1111



0300 123 3393

www.mind.org.uk



for better mental health

Download this image onto your phone for **when you might need help**



**Samaritans:** 24h  
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

116 123

**Shout:** 24h  
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**

• Under 18s, text **YM**

Text: **85258**

### Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

0800 038 5300

### Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

01209 901438

If you, or someone else, is in immediate danger call **999**



www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

0808 800 5000  
help@nspcc.org.uk  
www.nspcc.org.uk

### Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Veryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens  
advice

0344 411 1444

ON YOUR SIDE  
NO MATTER WHAT

0800 58 58 58

THECALMZONE.NET/WEBCHAT

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS

CAMPAIGN  
AGAINST  
LIVING  
MISERABLY  
CALM

"It's alright to ask for help"

SAMARITANS

116 123

NATIONAL DOMESTIC  
VIOLENCE HELPLINE  
0808 2000 247  
24/7 CONFIDENTIAL  
FREEPHONE

AT HOME  
SHOULDN'T  
MEAN  
AT RISK

#YOUARENOTALONE

FIND SUPPORT AT:  
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

https://www.wcwaid.co.uk/helpline

# 10 Top Tips for Parents and Educators

## SUPPORTING SAFE USE OF AI

Artificial Intelligence (AI) is increasingly woven into young people's digital lives. It can offer some educational benefits and day-to-day assistance; however, it also raises concerns about misinformation, privacy, fairness, and safety. This guide provides parents and educators with practical strategies to support young people to navigate AI tools responsibly, and to use them safely and with discernment.

### 1 DEMYSTIFY WHAT AI REALLY IS

Children encounter AI in most online places, including games, streaming platforms, and school tools. Explain that AI uses patterns from past data to make decisions, but it doesn't think or feel like humans. Use age-appropriate examples, like how recommendations on YouTube or Netflix work, to build understanding and prevent false beliefs about AI being all-knowing or alive.

### 2 TALK ABOUT RISKS OF MISINFORMATION

AI can create convincing false information, including deepfake videos, photos, and fake 'facts'. Encourage children to think critically about what they see and read. Teach them to double-check information using reliable sources, to look at images and videos carefully, and to ask an adult if something doesn't seem right.

### 3 DISCUSS DATA AND PRIVACY

Explain that AI systems learn by analysing lots of data, sometimes including personal information. Help young people to be mindful of what they share online and why protecting personal data matters. Model good habits like reading app permissions together or reviewing what's collected by voice assistants like Alexa or Siri.

### 4 ENCOURAGE CREATIVE USE OF AI

Support children, when using AI tools, to explore ideas, make art, or build projects. This fosters confidence, imagination, and independent thinking. When children use AI creatively, rather than just passively consuming it, they are more likely to stay engaged and make thoughtful choices.

### 5 USE AGE-APPROPRIATE AI TOOLS

Not all AI platforms are suitable for children. Choose tools designed for education or creativity, with clear safety policies. Review terms of use and privacy settings, and help children use them in age-appropriate ways. For example, some chatbot tools mimic conversation but should only be used with guidance and boundaries in place.

### 6 USE AI TOGETHER

Exploring AI tools together can help adults understand how they work and spot potential issues. Try co-writing a story with an AI writing assistant or experimenting with an AI art tool. This encourages curiosity, helps you stay informed about the latest AI tools, and allows you to reinforce safe and respectful use while modelling critical thinking.

### 7 SET BOUNDARIES FOR AI USE

Establish when, where, and how AI tools can be used, just as you would with any digital technology. For example, you might agree not to use AI tools to complete school assignments without permission, or to avoid unsupervised use of voice assistants. Consistent boundaries help manage overuse and misuse.

### 8 WATCH FOR OVERRELIANCE

Some AI tools, like homework help apps, may be tempting shortcuts. Encourage children to use AI to support their thinking, not replace it. Celebrate effort and process over perfect answers. Reinforce that mistakes are part of learning and that relying too heavily on AI can limit real understanding.

### 9 TEACH DIGITAL ETHICS AND LITERACY

Help children explore how AI works, where it might be biased, and why ethical thinking matters. Building digital literacy alongside ethical awareness ensures children engage with AI critically, not just conveniently. Help young people to understand that not all people use AI for legitimate purposes; some use it for malicious reasons. Encourage questions about fairness, representation, and who benefits from certain tools; talk about algorithms, echo chambers, and the impact of automation on daily life.

### 10 STAY CURIOUS AND INVOLVED

AI is developing rapidly, and staying informed helps you support the young people in your care. Follow trusted sources for updates and keep the conversation going. If a child brings up a new AI trend or tool, take the opportunity to learn about it together. Showing interest builds trust and strengthens digital resilience.

### Meet Our Expert

Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their workforces and managing compliance. Our three memberships help all phases and types of setting raise standards, save time, reduce risk, and build a culture of improvement.

#WakeUpWednesday

The National College

@wake\_up\_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 04.02.2025

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links [http://www.alverton.org.uk/website/online\\_safety\\_for\\_families/246722](http://www.alverton.org.uk/website/online_safety_for_families/246722). Your child's teacher will also always be happy to talk to you about online safety.

## STARS OF THE WEEK

Little Foxes	Flora	for exploring new areas & fantastic confidence
Little Owls	Albie	for settling into Nursery so well
Kittiwakes	Teddy	Enthusiasm: for showing your incredible enthusiasm in everything
Curlews	Reuben	All values: he has all of our qualities in abundance
Puffins	Kadie-Rae	Perseverance: for giving everything she does her best effort
Owls	Alina	Enthusiasm: for her enthusiasm for her dragon writing this week
Kingfishers	Ebony	Enthusiasm: for making great progress in Maths
Trencrom	Ameya	Responsibility: for growing in independence & responsibility
Lanyon	Bowen	Enthusiasm: for working so hard in Maths this week
Kerris	Izzy	Perseverance: for working so incredibly hard all week
Bodrifty	Jamie-Leigh	Perseverance: for fantastic effort & perseverance in all she does
Bosigran	Jack T	Enthusiasm: for always being so focused working hard
Kenidjack	Jayden	Perseverance: for perseverance & hard work in Maths & English
Lunchtime Star	Rex D	for being super helpful at lunchtime

Hello to you all, how are you feeling? It's slightly less damp this week which is a big plus as far as I'm concerned and there have even been some rare glimpses of something blue in the sky!!!! I know! I'm shocked too. So I'm feeling marginally better but still pretty grumpy, tired, teasy and not quite myself? Does anybody else feel the same? Goodness I sincerely

hope so. The children always make me feel happier and seeing them on a daily basis is the best tonic and easily a constant source of sunshine in the absence of the real thing, so I'm definitely in the best place. And let's not forget that looking after the children of other people (you guys) is easier than dealing with your own sometimes. If I had a £1 for every parent that has said to me that their children aren't particularly well behaved at home yet they are angelic at school I could honestly retire! So, if that's you, please don't feel disheartened or isolated. You are not alone in this, not now, not ever. But I am here. I've been there as a parent and I've seen it all as a teacher. Nothing astonishes me, you are not going to tell me anything I haven't heard before, so don't worry about that. And don't feel alone. Look around you and know that lots of the parents that you see on the school run are all feeling pretty much the same as you. Come and chat, have a cuppa and a hug. And a biscuit. Much love, Mrs Daylak xxxx



## DIARY DATES

<b>Monday 16th - Friday 20th February</b>	Spring half term holiday
<b>Thursday 5th March</b>	St Piran's Parade - Year 6
<b>Thursday 5th March</b>	World Book Day
<b>Monday 9th March - Thursday 12th March</b>	Parents evenings <i>Teacher led clubs cancelled</i>
<b>Friday 13th March</b>	No Dance Club - Steph away
<b>Thursday 26th March</b> EYFS/KS1 4.30-5.30pm KS2 6-7pm	FOAS Easter Disco
<b>Wednesday 1st April</b>	FOAS Break The Rules Day <i>More information to follow</i>
<b>Thursday 2nd April</b> 3.15pm	School closes for Easter holiday (normal time)
<b>Friday 3rd - Friday 17th April</b>	Easter holidays
<b>Monday 20th April</b> 8.30am	School opens for Summer term
<b>Monday 27th April</b>	Clubs start
<b>Monday 4th May</b>	Early May Bank Holiday - school & nursery closed
<b>Monday 11th - Friday 15th May</b>	Year 6 SATs
<b>Wednesday 20th - Thursday 21st May</b>	School show - The Lion King





# LITTLE ARTISTS HALF TERM

AT THE EXCHANGE GALLERY, PENZANCE

BOOK  
NOW!

WEDNESDAY 18TH FEB

LITTLE ARTISTS 10-11AM

FOR 2-10YRS - £10

DROP OFF SESSION 11:30-1:30

FOR 5-11YRS - £20

EMAIL : [NEWLYNLITTLEARTISTS@YAHOO.COM](mailto:NEWLYNLITTLEARTISTS@YAHOO.COM)